Supremes (aka Supreme)



Count: 32 Wall: 4 Level: Beginner

Choreographer: Kay Greig (UK) & Janice Hoy (UK)

Music: Vincero - Glenn Rogers : (CD: Vincero)



Or Music: Vincero by Fredrik Kempe [132 bpm ECS / CD: Bohéme]; I'm In The Mood For Dancing by The Nolan Sisters [104 bpm]; Chain Reaction by Diana Ross [CD: Ultimate Collection / CD: I Love 2 Party 2004]

SHOOP STEPPING FORWARD

1-2	Step right foot forward	d towards 2:00	step left next to right

3-4 Step right foot forward towards 2:00, touch left next to right and clap

5-6 Step left foot forward towards 10:00, step right next to left

7-8 Step left foot forward towards 10:00, touch right next to left and clap

STEPPING BACK WITH CLAPS

9-10	Step back on right foot, touch left next to right and clap
11-12	Step back on left foot, touch right next to left and clap
13-14	Step back on right foot, touch left next to right and clap
15-16	Step back on left foot, touch right next to left and clap

RIGHT KICK TWICE AND TRIPLE RIGHT-LEFT-RIGHT, LEFT KICK TWICE AND TRIPLE LEFT-RIGHT-

LEFT

17-18	Flick kick the right forward twice (two beats)
19&20	Triple step on the spot (right, left, right)
21-22	Flick kick the left forward twice (two beats)
23&24	Triple step on the spot (left_right_left)

GRAPEVINE RIGHT TOUCH CLAP, GRAPEVINE 1/4 LEFT, TOUCH CLAP

25-26	04		مامند الماسني	left behind right
20-20	Step	Hunt to	nani siae.	ien benina nani

27-28 Step right foot to right side, kick left forward and clap

29-30 Step left foot to left side, right behind left

31-32 Step left foot ¼ turn to left, touch right next to left and clap

Alternative you can roll a full grapevine on 25-27 and a grapevine and quarter on 29-31

REPEAT

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