

# Lola Lola

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Chad Manson (UK)

Music: Lola, Lola - Ricky Martin



**32 counts intro, start on vocals**

**FORWARD MAMBO, BACK MAMBO 1/4R TWIST, CROSS SHUFFLE, 1/2 L TWIST CROSS SHUFFLE**

- 1&2 Rock right forward, recover onto left, step right beside left
- 3&4 Rock left back, recover onto right, step left beside right
- 5&6 While making a 1/4 turn to right, cross right over left, step left to left, cross right over left
- &7&8 Twist 1/2 left, cross left over right, step right to right, cross left over right

**RIGHT HEEL & TOE, DIAGONAL SHUFFLE, LEFT HEEL & TOE, DIAGONAL SHUFFLE**

- 1& Dig right heel diagonally forward right, recover back onto left
- 2& Step diagonally back on ball of right, recover forward onto left
- 3&4 Step forward right diagonally, step left beside right, step forward right diagonally
- 5-8 Repeat on left foot

**FORWARD SAMBA, 1/4 R BACK SAMBA, FORWARD SAMBA, 1/4 R BACK SAMBA**

- 1&2 Step right forward, step left beside right, step right in place
- 3&4 Step left back, step right beside left, making 1/4 turn right, step left in place
- 5&6 Step right forward, step left beside right, step right in place
- 7&8 Step left back, step right beside left, making 1/4 turn right step left in place

**FULL RIGHT SPOT VOLTA TURN, 3/4 LEFT SPOT VOLTA TURN**

- 1& Execute 1/4 turn right and step right forward, step onto ball of left in place
- 2& Execute 1/4 turn right and step right forward, step onto ball of left in place
- 3& Execute 1/4 turn right and step right forward, step onto ball of left in place
- 4 Execute 1/4 turn and step on right
- 5& Execute 1/4 turn left and step left forward, step onto ball of right in place
- 6& Execute 1/4 turn left and step left forward, step onto ball of right in place
- 7& Execute 1/4 turn left and step left forward, step onto ball of right in place
- 8 Step left forward

**SAMBA WHISK, 3/4 RIGHT CURVATURE TRAVELING VOLTAS**

- 1&2 Step right to right, step left behind right, step right in place
- 3&4 Step left to left, step right behind left, step left in place
- 5&6& Cross right over left, step left to left, Cross right over left, step left to left
- 7&8 Cross right over left, step left to left, Cross right over left

**SAMBA WHISK, 3/4 LEFT CURVATURE TRAVELING VOLTAS**

- 1&2 Step left to left, step right behind left, step left in place
- 3&4 Step right to right, step left behind right, step right in place
- 5&6& Cross left over right, step right to right, Cross left over right, step right to right
- 7&8 Cross left over right, step right to right, Cross left over right

**1/4R OUT OUT, HIP BOUNCES, FLICK, WEAVE TO LEFT, 1/4 L FORWARD**

- 1-2 Making 1/4 turn right step right forward diagonally, step left forward diagonally
- &3&4 Raise right hip up, return to left, Raise right hip up, return to left (weight on left during bumps)
- & Small flick right to right
- 5&6& Cross right behind left, step left to left, cross right over left, step left to left
- 7&8 Cross right behind left, making 1/4 turn left step left forward, step right forward

#### **4-COUNTS SAMBA ROLL, SYNCOPATED FORWARD, SHUFFLE**

1-2&3               Stepping left, right, left, right, left, right commence a full turn left with body roll traveling  
4&                   forward (samba roll)

Alternate steps: Do a 4 count full turn left traveling forward. Step left (1), right (2), left (3), right (4) on each individual count

5&6&               Step left forward, lock right behind left, Step left forward, lock right behind left,

7&8                 Step left forward, lock right behind left, Step left forward

**START DANCE AGAIN**

**RESTART:** On wall 2, dance to count 48, then restart dance.

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