## Loosin' Control

Count: 32
Wall: 2
Level: Intermediate/Advanced
Choreographer: Steve Rutter (UK) - March 2005
Music: Caught Up - Usher : (single or Confessions album)

## Section 1-Step

Back, Toe Tap, Left Kick Ball-

## Touch With $1 / 4$

Turn Left, Cross, Side
Rock,Cross, Unwind $3 / 4$ Turn Right, Side Step.
1-2 Step back on right, tap left toe across right.
$3 \& 4$ Kick left forward, step left beside right, make a quarter turn left touching right toe to right side. 5\&6 Cross right over left, rock left to left side, recover weight onto right. $7 \& 8$ Cross left over right, unwind a three-quarter-turn right, step right-to-right side.

## Section 2-

Crossing
Mambo Rock, Cross, Unwind Full Turn Left, Right Vine, Toe Touch,Side Step, Cross, Unwind $1 / 2$ Turn Left.
9\&10 Cross rock left over right, recover weight back onto right, step left-to-left side.

11\&12 Cross
right over left, unwind a full turn left, step right-to-right side.
13\&14 Cross left behind right, step right-toright side, touch left toe forward and across right.
\& Step left-toleft side. 15-16 Cross right over left, unwind a half turn left (weight ending on left).

## Section 3-Side

Step, Cross
Behind, Side
Rock \& Cross,
Toe Touch,Flick
Back With $1 / 4$
Turn Left, Toe
Touch, Weave.
17-18 Step right to right side, cross left behind right.
19\&20 Rock right-to-right side, recover weight onto left, cross right over left.
21\&22 Touch left toe to left side, Making a quarter turn left flick left foot behind right knee,touch left toe to left side. 23\&24 Cross left behind right, step right-toright side, cross left over right.

Section 4-Toe
Switches, Hitch, $3 / 4$ Turn Right, Coaster Touch, $1 / 4$ Turn Right, Cross, Unwind $3 / 4$ Turn Right.

25\&26 Touch right toe to right side, close right beside left, touch left toe to left side.
\&27 Close left beside right, touch right toe to right side. \&28 Hitch right knee, on ball of left spin a three-quarter-turn right.
29\&30 Step back on right, close left beside right, touch right toe to right side.
31\&32 Make a quarter turn right stepping right to right side, cross left over right, unwind a three-quarter-turn right.

Restart (Sorry, It Wouldn?t Be
My Dance
Without It!!)
On wall 4 restart
dance after 16
counts (Cross,
Unwind a half turn left).

## Begin Again.

