

# Loosin' Control

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Intermediate/Advanced

**Choreographer:** Steve Rutter (UK) - March 2005

**Music:** Caught Up - Usher : (single or Confessions album)



**Section 1-Step**  
**Back, Toe Tap,**  
**Left Kick Ball-**  
**Touch With  $\frac{1}{4}$**   
**Turn Left,**  
**Cross, Side**  
**Rock, Cross,**  
**Unwind  $\frac{3}{4}$  Turn**  
**Right, Side**  
**Step.**

1-2 Step back  
on right, tap left  
toe across  
right.

3&4 Kick left  
forward, step  
left beside right,  
make a quarter  
turn left  
touching right  
toe to right  
side.

5&6 Cross right  
over left, rock  
left to left side,  
recover weight  
onto right.

7&8 Cross left  
over right,  
unwind a three-  
quarter-turn  
right, step right-  
to-right side.

**Section 2-**  
**Crossing**  
**Mambo Rock,**  
**Cross, Unwind**  
**Full Turn Left,**  
**Right Vine, Toe**  
**Touch, Side**  
**Step, Cross,**  
**Unwind  $\frac{1}{2}$  Turn**  
**Left.**

9&10 Cross  
rock left over  
right, recover  
weight back  
onto right, step  
left-to-left side.

11&12 Cross  
right over left,  
unwind a full  
turn left, step  
right-to-right  
side.

13&14 Cross  
left behind right,  
step right-to-  
right side, touch  
left toe forward  
and across  
right.

& Step left-to-  
left side.

15-16 Cross  
right over left,  
unwind a half  
turn left (weight  
ending on left).

**Section 3-Side  
Step, Cross  
Behind, Side  
Rock & Cross,  
Toe Touch,Flick  
Back With  $\frac{1}{4}$   
Turn Left, Toe  
Touch, Weave.**

17-18 Step right  
to right side,  
cross left behind  
right.

19&20 Rock  
right-to-right  
side, recover  
weight onto left,  
cross right over  
left.

21&22 Touch  
left toe to left  
side, Making a  
quarter turn left  
flick left foot  
behind right  
knee,touch left  
toe to left side.

23&24 Cross  
left behind right,  
step right-to-  
right side, cross  
left over right.

**Section 4-Toe  
Switches, Hitch,  
 $\frac{3}{4}$  Turn Right,  
Coaster Touch,  
 $\frac{1}{4}$  Turn Right,  
Cross,Unwind  
 $\frac{3}{4}$  Turn Right.**

25&26 Touch  
right toe to right  
side, close right  
beside left,  
touch left toe to  
left side.

&27 Close left  
beside right,  
touch right toe  
to right side.

&28 Hitch right  
knee, on ball of  
left spin a three-  
quarter-turn  
right.

29&30 Step  
back on right,  
close left beside  
right, touch right  
toe to right  
side.

31&32 Make a  
quarter turn  
right stepping  
right to right  
side, cross left  
over right,  
unwind a three-  
quarter-turn  
right.

**Restart (Sorry,  
It Wouldn't Be  
My Dance  
Without It!!)**

On wall 4 restart  
dance after 16  
counts (Cross,  
Unwind a half  
turn left).

**Begin Again.**

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