4 Seasons



Count: 32 Wall: 4 Level: Unrated Beginner

Choreographer: Peter Metelnick (UK) - 2005

Music: You've Got a Friend - The Brand New Heavies



(start after 16 count intro)

1-8	Walk forward 2, R forward rock & recover with ¼ R, L cross step, ½ L turn & R cross step, L side point
1-2	Step R forward, step L forward
3&4	Rock R forward, recover weight on L, turning ¼ right step R to side
5	Cross step L over R
6&7	Turning ¼ left step R back, turning ¼ left step L to side, cross step R over L
8	Point L to side
9-16	L forward, R forward mambo step, L back, R side point, ½ R monterey & side step, R sailor heel
1	Step L forward
2&3	Rock R forward, recover weight on L, step R back
&4	Step L back, point R to side
5-6	Turning ½ right step R together, step L to side
7&8	Cross step R behind L, step L to side, touch R heel forward
17-24	Ball cross weave, L sailor heel, ball cross hold, L syncopated vine
17-24 &1-2	Ball cross weave, L sailor heel, ball cross hold, L syncopated vine Step R back, cross step L over R, step R to side
&1-2	Step R back, cross step L over R, step R to side
&1-2 3&4	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward
&1-2 3&4 &5-6	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold
&1-2 3&4 &5-6 &7	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold Step L to side, cross step R behind L Step L to side, cross step R over L L R L toe switches turning 1/2 R, R touch together, walk forward 2, R syncopated rock steps
&1-2 3&4 &5-6 &7 &8 25-32	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold Step L to side, cross step R behind L Step L to side, cross step R over L L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R
&1-2 3&4 &5-6 &7 &8 25-32	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold Step L to side, cross step R behind L Step L to side, cross step R over L L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R Point L toes to L side, step L together
&1-2 3&4 &5-6 &7 &8 25-32 1& 2&	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold Step L to side, cross step R behind L Step L to side, cross step R over L L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R Point L toes to L side, step L together Point R toes to R side, step R together turning ¼ right
&1-2 3&4 &5-6 &7 &8 25-32 1& 2& 3&4	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold Step L to side, cross step R behind L Step L to side, cross step R over L L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R Point L toes to L side, step L together Point R toes to R side, step R together turning ¼ right Point L toes to L side, step L together, touch R together
&1-2 3&4 &5-6 &7 &8 25-32 1& 2& 3&4 5-6	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold Step L to side, cross step R behind L Step L to side, cross step R over L L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R Point L toes to L side, step L together Point R toes to R side, step R together turning ¼ right Point L toes to L side, step L together, touch R together Step R forward, step L forward
&1-2 3&4 &5-6 &7 &8 25-32 1& 2& 3&4	Step R back, cross step L over R, step R to side Cross step L behind R, step R to side, touch L heel forward Step L back, cross step R over L, hold Step L to side, cross step R behind L Step L to side, cross step R over L L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R Point L toes to L side, step L together Point R toes to R side, step R together turning ¼ right Point L toes to L side, step L together, touch R together

Tag/Restart - At the end of the 5th wall you will be facing the L side wall. Repeat counts 28-32 the 2 walks forward and the rocking chair to end facing front wall.

Repeat