# Bounce Bounce Bounce Bounce

Level: Intermediate

Choreographer: Mikael Mölsä (FIN)

**Count: 32** 

Music: Bounce - Bro'sis

Intro: 32 counts, 0:20, on lyrics "All ladies in the house..."

## Touch, touch, full turn right, kick-ball-touch X 2

- 1&2& Touch right toe to side, step right together, touch left toe left, step left together
- Turn 1/4 to right stepping right foot forward, bring left next to right while turning 3/4 to right 3-4 (that totals a full turn)
- 5&6 Kick right forward, step right next to left, touch left to side
- 7&8 Kick left forward, step left next to right, touch right to side

Option: you can replace the full turn (counts 3-4) with just a slide to the right(3) and stepping left next to right(4).

## 1/2 Turning flick, right knee twist, moonwalks

- Touch right toe forward, turn 1/2 to left and flick right back, step right toe forward 1&2 3&4 Twist right knee out-in-out (while doing this press your body forward) (weight now on right
- foot)

5 Reaching back with left toe, pull step back to weight left

- 6 Reaching back with right toe, pull step back to weight right
- 7 Reaching back with left toe, pull step back to weight left
- 8 Touch right toe next to left

**Option**: Moonwalks can be replaced with either smashed potatoes back or just normal steps back.

## Rock step, side, rock step, side, step, turn, body roll / snake roll

1&2 Rock right across left, recover weight on left, step right to side

- 3&4 Rock left across right, recover weight on right, step left to side
- 5-6 Step right forward, turn 3/4 to left bringing right foot next to left
- Do either a snake roll to left or a body roll on counts 7-8 (weight ends up on left) 7-8

Option: Body roll / snake roll can be replaced by two hip bumps to left (weight ends up on left)

## Forward travelling heel jacks, syncopated full unwind

- 1&2& Step right across left, step left back, touch right heel diagonal, step weight on right (pump your chest on count 2)
- 3&4& Step left across right, step right back, touch left heel diagonal, step weight on left (pump your chest on count 4)
- 5 Step right across left
- 6-7-8 Unwind a full turn on counts 6-7-8

Note: On the heels jacks (counts 1-4&) you're suppose to travel forward a little

Styling: Pausing between steps 6-7-8, (so that you can see the counts?), makes them look so much better. Give it a try !





Wall: 4