Baby Shake That Ass



Count: 88 Wall: 2 Level: Intermediate/Advanced

Choreographer: Neville Fitzgerald (UK) - June 2004

Music: Push Up - Freestylers



Starts on Vocal.. 32 Counts.

Phrasing: A A A B Tag A A B A

ABB

Part A:

Side, Behind & Walk, Walk, Step, Pivot 1/2, Rock, Recover.

1-2& Step Left to Left side, step Right behind Left, step Left to Left side.

3-4 Walk Forward Right-Left.

Step Forward Right, pivot 1/2 turn to Left. 5-6 7-8 Rock to Right side on Right, recover on Left.

Behind, Side, Cross, Point & Heel & Cross, Rock, Recover.

Step Right behind Left, step Left to Left side.

3-4& Cross Right over Left, point Left toe to Left side, step Left next to Right.

5&6 Touch Right heel diagonally forward Right, step Right to Right side, cross Left over Right.

7-8 Rock to Right side on Right, recover on Left.

Behind, Unwind, Rock, Recover, Sailor 1/4 Turn, Kick & Point.

1-2 Touch Right behind Left, unwind full turn to Right taking weight onto Right.

3-4 Rock to Left side on Left. recover on Right.

5&6 Step Left behind Right, make 1/4 turn to Left stepping Right to Right side, step Left to Left

7&8 Kick Right toe Forward, step Right next to Left, point Left toe to Left side.

Sailor 1/4 Turn, Rock, Recover, 3x 1/2 Turn & Step.

1&2 Step Left behind Right, make 1/4 turn to Left stepping Right to Right side, step Left to Left

side.

3-4 Rock Forward on Right, recover on Left.

Make 1/2 turn to Right stepping Forward on Right, 1/2 turn to Right stepping Back on Left. 5-6 7&8

Make 1/2 turn to Right stepping Forward on Right, step Left next to Right, step Forward on

Right.

Part B:

Rock, Kick, Sailor Step, Behind, Unwind, Cross & Heel.

Rock to Left side on Left (bending Left knee & going down slightly), As you straighten up kick

Right to Right Forward diagonal.

3&4 Step Right behind Left, step Left to Left side, step Right to Right side. Touch Left behind Right, unwind 1/2 turn to Left taking weight on Left. 5-6

7&8 Cross Right over Left, step Left to Left side, touch Right heel forward diagonal Right.

& Step Pivot 1/2, 1/2 Turn, Hitch, Hip Bumps.

&1-2 Step Right next to Left, step Forward on Left, pivot 1/2 turn to Right.

3-4 Make 1/2 turn to Right stepping Back on Left, hitch Right knee across Left.

Step Right to Right side bumping hips Right, bump hips Left. 5-6

7&8 Bump hips Right-Left-Right.

& Cross Rock, Recover, Chasse Right, Cross, Unwind, Hip Bumps.

&1-2 Step Left to Left side, cross rock Right across Left, recover on Left. 3&4 Step Right to Right side, step Left next to Right, step Right to Right side. 5-6 Cross Left over Right, unwind 1/2 turn to Right. 7&8& Bump hips Left-Right-Left-Right. (Slower option- 7-8 Bump hips Left-Right) Bum Rolls Left & Right, Step Pivot 1/2 Turn, Rock & Cross. 1-2 Stick your bum out knees bent slightly & imagine you are writing a letter C with it on the inside of a steamy window? Roll it up to the Left, out & down bringing it back in at the bottom. 3-4 Do the previous 2 counts again but drawing a C the wrong way round?. Roll it up to the Right, out & down bringing it back in at the bottom. ? Step Forward on Right, pivot 1/2 turn to Left. 5-6 7&8 Rock to Right side on Right, recover on Left, cross step Right over Left. TAG: Side, Together, Left Shuffle, Step, Pivot 1/2, Rock & Cross. 1-2 Step Left to Left side, step Right next to Left. 3&4 Step Forward on Left, step Right next to Left, step Forward on Left. 5-6 Step Forward on Right, pivot 1/2 turn to Left. 7&8 Rock to Right side on Right, recover on Left, cross step Right over Left. Side, Together, Left Shuffle, Step, Pivot 1/2, Rock & Cross. Step Left to Left side, step Right next to Left.

Step Forward on Left, step Right next to Left, step Forward on Left.

Rock to Right side on Right, recover on Left, cross step Right over Left.

Step Forward on Right, pivot 1/2 turn to Left.

3&4

5-6

7&8