# All That I Know

**Count: 80** 

Level: Intermediate

Choreographer: Arne Stakkestad (BEL) - September 2007

Music: All That I Know - Lori Lampkin : (Album: That Place)

#### Dance order: A48, B32, A48, B32, A32, B32, B32, A41 Intro: 32 counts, (clap hands on counts 18, 20, 22, 24, 26, 28, 30 en 32 of the intro)

#### Part A 48 counts

Cross steps, cross shuffle, paddle ¼ turn, kick ball cross		
1-2	Cross Right over Left, cross Left over Right	
3&4	Cross Right over Left, Left next to Right, cross Right over left	
5-6	Touch Left to left side, ¼ turn Right and touch Left to Left side	
7&8	Left kick forward, on ball of Left next to Right and cross Right over Left	

# Diagonal steps forward, touch, touch, sidestep X 2

- 9-10 Step Left diagonally left forward, step Right diagonally right forward
- 11&12 Touch Left next to Right, touch Left bit farther to left, step Left to left side
- 13-14 Step Right diagonally right forward, step Left diagonally left forward
- 15&16 Touch Right next to Left, touch Right bit farther to right, step Right to right side

# Cross, unwind, lockstep, kicks, sailor step

17-18	Cross Left over Right, 1/2 turn right and weight on Right
19&20	Step Left forward, lock Right behind Left, step Left forward
21-22	Kick Right diagonally left forward, kick Right diagonally right forward
23&24	Cross Right behind Left, step Left to left side and step Right forward
<b>T</b> I <b>C</b> . II	

# The following 24 counts are mirror image, Right becomes Left and Left becomes Right

# Cross steps, cross shuffle, paddle 1/4 turn, kick ball cross

- 25-26 Cross Left over Right, cross Right over Left
- 27&28 Cross Left over Right, Right next to Left, cross Left over Right
- 29-30 Touch Right to Right side, 1/4 turn left and touch Right to right side
- 31&32 Right kick forward, on ball of Right next to Left and Cross Left over Right

# Diagonal steps forward, touch, touch, sidestep X 2

- 33-34 Step Right diagonally right forward, step Left diagonally left forward
  35&36 Touch Right next to Left, touch Right bit farther to right, step Right to right side
  37-38 Step Left diagonally left forward, step Right diagonally right forward
- 39&40 Touch Left next to Right, touch Left bit farther to left, step Left to left side

# Cross, unwind, lockstep, kicks, sailor step

- 41-42 Cross Right over Left, <sup>1</sup>/<sub>2</sub> turn left and weight on Left
- 43&44 Step Right forward, lock Left behind Right and step Right forward
- 45-46 Kick Left diagonally Right forward, kick Left diagonally Left forward
- 47&48 Cross Left behind Right, step Right to right side and step Left forward

# Part B chorus 32 counts

# Touch, knee in, touch, knee out, kick ball cross X2

- 1-2 Touch Right next to Left (knee in), Touch Right next to Left (knee out)
- 3&4 Kick Right diagonally right forward, Right next to Left and Cross Left over Right
- 5-6 Touch Right next to Left (knee in), Touch Right next to Left (knee out)
- 7&8 Kick Right diagonally right forward, Right next to Left and Cross Left over Right





Wall: 4

#### Side rock, sailor step 1/4 turn, full turn, bumps

- 9-10 Rock Right to right side, recover weight on Left
- 11&12 Cross Right behind Left, ¼ turn left and step Left to left side and step Right forward
- 13-14 Make <sup>1</sup>/<sub>2</sub> turn right and step Left back, <sup>1</sup>/<sub>2</sub> turn right and step Right forward
- 15&16 Step Left diagonally left forward and bump hips forward, back, forward

#### Touch, knee in, touch, knee out, kick ball cross X2

- 17-18 Touch Right next to Left (knee in), Touch Right next to Left (knee out)
- 19&20 Kick Right diagonally right forward, Right next to Left and Cross Left over Right
- 21-22 Touch Right next to Left (knee in), Touch Right next to Left (knee out)
- 23&24 Kick Right diagonally right forward, Right next to Left and Cross Left over Right

#### Skates backwards, bumps, skates backwards, bumps

- 25-26 Skate Right diagonally right backwards, skate Left diagonally left backwards
- 27&28 Step Right diagonally right back and bump hips back, forward, back
- 29-30 Skate Left diagonally left backwards, skate Right diagonally right backwards
- 31&32 Step Left diagonally left back and bump hips back, forward, back