# **Slowly Back**

Count: 44

Level: Absolute Beginner

Choreographer: Gold River (IT) - May 2005

Music: Just Like Love - Brad Martin

## GRAPEVINE RIGHT, HEEL GRIND TWICE, UNWIND SPIN

- 1-2-3 Right foot to right, left foot to right behind the right foot, right foot to right
- 4-5-6 Touch left heel forward, taking weight on the left heel twist left toe to left, left foot back beside right foot
- 7-8-9 Touch right heel forward, taking weight on the right heel twist right toe to right, right foot back beside left foot
- 10-11-12 Left toe cross behind right foot, turn full turn on the left

## GRAPEVINE RIGHT, KNEE UP, KNEE UP TURN 1/4

- 13-14-15 Right foot to right, left foot to right behind the right foot, right foot to right
- 16-17 Left knee up moving it forward, drop left foot
- 18-19 Keeping weight on the left foot: turn ¼ on the left and move the right knee up, drop right foot

#### HIP BUMPS X 3, ¼ TURN LEFT

- 20-21-22 Hip right, hip left, hip right
- 23 Keeping feet on the spot turn ¼ on the left

### KICK BALL CHANGE TWICE, ½ PIVOT, HEEL TOUCH

- 24&25 Kick ball change (right)
- 26&27 Kick ball change (right)
- 28-29Right foot forward, turn ½ on the left
- 30-31 Touch left heel forward, drop left toe

### SHUFFLE, 1/2 PIVOT, KICK BALL CHANGE TWICE

- 32&33 Shuffle (right)
- 34-35 Left foot forward, turn ½ on the right
- 36&37 Kick ball change (left)
- 38&39 Kick ball change (left)

### STEP, ROCKING CHAIR, ¼ TURN STEP

- 40 Left step on the spot
- 41-42-43 Right rock forward, recover on the left foot, right rock back
- 44 Recover on the left foot turning ¼ on the left

#### Begin again





Wall: 4