

Love And Respect

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Mark Caley (UK) & Jan Caley (UK) - October 2007

Music: Love and Respect - D.J. In the Night : (Playa Total 2 - CD ref CD2137)



RIGHT, TOGETHER, CHASSE RIGHT SIDE, CROSS ROCK ROCKING CHAIR, 1/2 LEFT

- 1-2 Step right to side, left beside right with Cuban Hips
- 3&4 Step right & step left, step right
- 5&6& Cross left over right, recover weight on right foot, Rock Left Diagonally Back, recover weight on Right
- 7&8 Cross left over right, recover weight on right foot, Turn 1/2 Left stepping on Left
(you will end up at 6.00 clock wall facing diagonally Right)

RIGHT, TOGETHER, CHASSE RIGHT SIDE, CROSS ROCK ROCKING CHAIR, 1/4 LEFT

- 1-2 Step right to side, left beside right with Cuban Hips
- 3&4 Step right & step left, step right
- 5&6& Cross left over right, recover weight on right foot, Rock Left Diagonally Back, recover weight on Right
- 7&8 Cross left over right, recover weight on right foot, Turn 1/4 Left stepping on Left
(you will end up at 3.00 clock wall)

WALK FORWARD RIGHT, LEFT, RIGHT MAMBO, ANGLED TRIPLES BACKWARDS

- 1-2 Walk forward Right, Left
- 3&4 Rock forward on Right, Recover weight to Left, Step back on Right
- 5&6 Left Triple back Stepping Left, Right Left (Turn Body slightly to face Left as you Lt Triple back)
- 7&8 Right Triple back stepping Right, Left, Right (Turn Body slightly to face Rt as you Rt Triple back)

LEFT SHUFFLE 1/2 TURN, STEP RT OUT, LEFT OUT, RT COASTER, MAMBO 1/2 RT

- 1&2 Left Shuffle making 1/2 Turn Left stepping Left, Right, Left (9.00)
- 3 Step Right diagonally forward (Turn Right Knee out as you step on Right)
- 4 Step Left diagonally forward (Turn Left Knee out as you step on Left)
- 5&6 Step back on Right, Step Left beside Right, Step Right Forward
- 7&8 Rock forward on Left, Recover weight on to Right, Make 1/2 Turn Left stepping on Left (3.00)

REPEAT

Dance Alternative floor Splits

The Dance also fits these dances – Not like That (Ashley Tisdale) – Isle of Paradise (Blue lagoon)
or Lamtarra Rumba