Train #10



Count: 40 Wall: 4 Level: Improver

Choreographer: Angela Rushing (USA) - November 2007

Music: Train #10 - Tim McGraw: (CD: Let It Go)



Dance starts: 33 count intro (start on the words "I'm gonna")

SIDE ROCKS, KICK

1-2	Rock right foot on the right, rock left foot on the left
3-4	Rock right foot on the right,, kick left foot on the left
5-6	Rock left foot to the left, rock right foot on the right
7-8	Rock left foot on the left, kick right foot on the right

FWD SHUFFLE (R-L), BACK SHUFFLE

1-2	Shuffle forward- right, left, right
3-4	Shuffle forward- left, right, left
5-6	Shuffle backward- right, left, right
7-8	Shuffle backward- left, right, left

R-CROSS ROCK, CHASSE RIGHT, LEFT CROSS ROCK, CHASSE LEFT

	1-2	Cross rock right over left, recover onto left
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3-4 Step right to right side, close left beside right, step right to right side

5-6 Cross rock left over right, recover onto right

7-8 Step left to left side, close right beside left, step left to left side

WALK FWD 3X, POINT, POINT, CROSS, SAILOR STEP, MAKING 1/4 TURN

1-4 Walk forward- right, left, right, bending both knees slightly, point left to left side

5-6 Point left toe to left side, cross left behind right

7-8 Step right foot back behind right foot, step left foot to left side, making 1/4 turn to the right

BOUNCE (L-R), KICK BALL CHANGE

1-2	Bounce left foot twice (up and down)
3-4	Bounce right foot twice (up and down)

5-6 Kick left foot forward, step left ball of foot beside right foot, while slightly lifting right foot off

the floor, step right foot down in place beside left foot

7-8 Repeat 5&6

Repeat counts 1-40 enjoy dancing and have fun!