# And Everybody Shakin



Count: 32 Wall: 1 Level: Intermediate

Choreographer: Angela Rushing (USA) - November 2007

Music: Stayin' Alive - Bee Gees : (CD: Staying Alive)



Dance starts: 24 count intro (start on the words "Well, you")

(fast dance)

## **PUMPSTEPS, SAILOR STEPS**

| 1-2 | Step right foot forward slightly apart to left side bending knees forward, and back in a pumping (hold arms in front slightly bent at elbows, pull them as you pump) |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3-4 | Step left foot forward slightly apart to left side bending knees forward, and back in a pumping                                                                      |
|     | (hold arms in front slightly bent at elbows, pull them as you pump                                                                                                   |
| 5-6 | Step right behind left, step left to left side, step right beside left                                                                                               |
| 7-8 | Step left behind right, step right to right side, step left beside right                                                                                             |

## STEP, TOUCH (back/forward), STEP SIDE (with shoulder shrug)

| 1-2 | Step back right foot, touch left foot next to right                         |
|-----|-----------------------------------------------------------------------------|
| 3-4 | Step left foot forward, touch right foot next to left                       |
| 5-6 | Step right foot to side (with shoulder shrug), step left foot next to right |
| 7-8 | Step left foot to side (with shoulder shrug), step right foot next to left  |

## LEG WIGGLE, SLIDE BACK, SIDE ROCK, RECOVER

| 1-4 | With weight still on right foot & left leg out on an angle, tap Left Heel on floor till the count of 4 |
|-----|--------------------------------------------------------------------------------------------------------|
| 5-6 | Slide right foot back, slide left foot back                                                            |
| 7-8 | Rock right foot to right side, recover onto left                                                       |

### TOE STRUTT DIAGONAL (with rolling hands) 4X

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|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--|
| 1-2                                             | Step right toe forward, step down on right heel (making fists with both hands, roll fists, raise arms upward right |  |
| 3-4                                             | Step left toe forward, step down on left heel (making fists with both hands, roll fists, raise arms upward left    |  |
| 5-8                                             | Repeat 1-4                                                                                                         |  |

Repeat counts 1-32 enjoy dancing and have fun! Show your moves!