

Heels & Splits

Count: 32

Wall: 4

Level: Beginner

Choreographer: Michelle Risley (UK) - November 2007

Music: Little Bitty Pretty One - Billy Gilman



Arranged for our Breakthrough Breast Cancer Charity Event Oct 2006

HEELS & SPLITS

- 1-2 Right Heel Dig Forward, Replace
- 3-4 Left Heel Dig Forward, Replace
- 5-6 Split Both Heels, Bring Together
- 7-8 Split Both Heels, Bring Together

HEELS & SPLITS

- 1-8 Repeat above

VINE RIGHT AND LEFT ¼ LEFT

- 1-4 Right Side, left behind, Right to Right Side, Left Touch & Clap
- 5-8 Left Side, Right Behind, Left ¼ left turn, Right Touch

JUMP FORWARD, JUMP BACK, KNEE POPS

- 1&2 Small jump forward, Right-left, Clap
(Just for fun try clapping the person next to you)
- 3&4 Small jump Back, Right-Left, Clap
(Just for fun try clapping the person next to you)
- 5-8 Knee Pops, Left, Right, Left, Right

Begin again.

Nice little upbeat dance that can be used for alternative floor splits, for lots of tracks.