

# Sha La La

Count: 32

Wall: 4

Level: Beginner

Choreographer: Max Perry (USA) - September 2007

Music: Sha La La La (Make Me Happy) - Al Green : (CD: Make Me Happy Greatest Hits)



Or Music: L.O.V.E. by Al Green "Greatest Hits"

## A: Sugar Push with Kick Ball Change

1,2                    Step R forward, Step L forward  
3&4                   Step R up to L (3rd position), Step L in place, Step back  
5&6                   Step L back, Step R next to L, Step L forward (coaster step)  
**Note: You may also dance an "anchor" step instead of the coaster step**  
7&8                   Kick R forward, Rock R back with ball of foot, Step L in place

## B: 1/4 Pivot Turn, Crossing Shuffle, Weave Left

1,2                    Step R forward & turn 1/4 left, Step L in place  
3&4                   Cross R in front of L, Step L to left side, Cross R over L  
5,6,7                  Step L to left side, Cross R behind L, Step L to left side,  
8                      Cross R over L

## C: Side Rock, Turning Sailor Shuffle, Forward & Back Rock Steps

1,2                    Rock Step L to left side, Step R in place (recover)  
3 & 4                  Cross L behind R, Step R in place, Step L in place  
**(turn 1/4 left over these 3 steps)**  
5,6                    Rock R forward, Step L in place (recover)  
7,8                    Rock R back, Step L in place (recover)

## D: 1/2 Pivot Turn, 1/4 Pivot Turn, Syncopated Touches

1,2                    Step R forward & turn 1/2 left, Step L in place  
3,4                    Step R forward & turn 1/4 left, Step L in place  
5&                    Touch R forward & across L, Step R next to L  
6&                    Touch L forward & across R, Step L next to R  
7&                    Touch R forward, Step R next to L  
8&                    Touch L forward, Step L next to R

Begin again