Fernando



Count: 48 Wall: 2 Level: Intermediate

Choreographer: Violet Ray (USA) - January 2008

Music: Fernando - ABBA : (CD: The Definitive Collection)



ROCK, RECOVER, BACK LOCK STEPS (2X), RONDE SWEEP

1 - 2	Rock R foot forward, Recover weight on L foot
3 & 4	Step R foot back, Cross L foot over R foot, Step R foot back
5 & 6	Step L foot back, Cross R foot over L foot, Step L foot back

7 - 8 Ronde sweep R foot from front of L foot to back of L foot, Cross R foot behind L foot

SIDE ROCK, RECOVER, CROSSING TRIPLE, RONDE SWEEPS (2X)

1 - 2	Rock L foot out to left side, Recover weight on R foot
3 & 4	Cross L foot over R foot, Step R foot to right side, Cross L foot over R foot
5 - 6	Ronde sweep R foot from back of L foot to front of L, Cross R foot out in front of L foot
7 - 8	Ronde sweep L foot from back of R foot to front of R, Cross L foot out in front of R foot

ROCK, RECOVER, CROSSING TRIPLE, BACK, 1/4 TURN, CROSSING TRIPLE

1 - 2	Rock R foot out to right side, Recover weight on L foot
3 & 4	Cross R foot over L foot, Step L foot to left side, Cross R foot over L foot
5 - 6	Step L foot back, Turn 1/4 right stepping on R foot (3:00)
7 & 8	Cross L foot over R foot, Step R foot to right side, Cross L foot over R foot

POINT, CROSS, POINT, CROSS, ROCK, RECOVER, 1/2 TURNING TRIPLE

1 - 2	Point R foot to right side, Cross R foot out in front of L foot
3 - 4	Point L foot to left side, Cross L foot out in front of R foot
5 - 6	Rock R foot forward, Recover weight on L foot
7 & 8	Turn 1/2 right while executing triple step (R. L. R.) (9:00)

PIVOT 1/2 TURNS (2X), CAMEL WALKS

1 - 2	Step L foot forward, Pivot turn 1/2 right ending with weight on R foot (3:00)
3 - 4	Step L foot forward, Pivot turn 1/2 right ending with weight on R foot (9:00)
5 - 6	Step L foot forward at left angle, Cross R foot behind L foot
7 - 8	Step L foot forward at left angle, Cross R foot behind L foot

ROCK, RECOVER, 1/4 TURN, CROSS, SIDE ROCK, RECOVER, CROSS, POINT

1 - 2	Rock L foot forward, Recover weight on R foot
3 - 4	Turn 1/4 left stepping on L foot (6:00), Cross R foot over L foot
5 - 6	Rock L foot out to left side, Recover weight on R foot
7 - 8	Cross L foot over R foot, Point R foot out to right side

Begin Again

TAG: There is a 4 count tag AFTER the 2nd repetition of the dance. Do the following:

1 - 2	Step R foot next to L foot, Point L foot to left side
3 - 4	Step L foot next to R foot, Point R foot to right side

PAUSES: There are 2 pauses in the dance.

After the 4th repetition - pause (hold) with your R foot pointed to right side. Begin the dance again on the word "Fernando."

After the 5th repetition - pause (hold) with your R foot pointed to right side. Begin the dance again on the word "Air."

