Goin' With The Flow



Count: 32 Wall: 4 Level: Beginner Plus

Choreographer: John Dembiec (USA) - January 2008

Music: Goin' with the Flow - Mark Chesnutt



(16 count intro)

(1-8) VINE, CROSS ROCK, ½ TURNING TRIPLE

1-2 Step L over R, Step R to R
3-4 Step L behind R, Step R to R
5-6 Cross rock L over R, Replace to R

7&8 Making ¼ turn L step L to L, Step R next to L, Making ¼ turn L step L next to R

(9-16) SHUFFLE, ROCK (X2)

1&2 Shuffle forward R, L, R

3-4 Rock L forward, Replace to R

5&6 Shuffle back L, R, L

7-8 Rock R back, Replace to L

(17-24) VINE, TOUCH, VINE, BRUSH

1-4 Step R to R, Step L behind R, Step R to R, Touch L next to R

5-8 Step L to L, Step R behind L, Step L to L, Brush R forward slightly over L

(**NOTE: You may turn/roll these vines at your discretion)

(25-32) ROCK, 1/4 TURN (X2), CROSS ROCK, 1/4 TURN SHUFFLE

1-2 Rock R forward, Replace to L making ¼ turn L
 3-4 Rock R forward, Replace to L making ¼ turn L

5-6 Cross rock R over L, Replace to L
7&8 Making ¼ turn R shuffle forward R, L, R

REPEAT AND HAVE FUN!!!