

Rocks In Your Shoes

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Jo Kinser (UK) & Mark Furnell (UK) - March 2008

Music: Rocks In Your Shoes - Emily West : (Single: Rocks In Your Shoes)



Start 16 counts in on the vocals

Toe Heel, Cross Toe Heel, Rock Step, Sailor Step

- 1,2 Touch Rt toe to Rt, Replace weight Rt (Click)
- 3,4 Cross Lt toe over Rt, Replace weight Lt (Click)
- 5,6 Rock Rt to Rt, Replace weight Lt
- 7&8 Step Rt behind Lt, Step Lt to Lt, Step Rt to Rt

Monterey's, Point, Touch, Kick, Brush, Cross

- 1,2 Point Lt to Lt, Make 1/2 turn Lt bringing Lt to Rt
- 3,4 Point Rt to Rt, Make 1/2 turn Rt bringing Rt to Lt
- 5,6 Point Lt to Lt, Touch Lt next to Rt
- 7&8 Kick Lt fwd, Brush Lt back across Rt (&), Cross Lt over Rt (weight Lt)

Rock Replace, Cross & Cross, Turn Turn, Shuffle Fwd

- 1,2 Rock Rt to Rt, Replace weight Lt
- 3&4 Cross Rt over Lt, Step Lt to Lt, Cross Rt over Lt
- 5,6 Step back Lt 1/4 turn Rt, Step Rt Fwd 1/4 turn Rt
- 7&8 Step Lt Fwd, Step Rt next to Lt, Step Lt Fwd

Step 1/2 Turn, Step 1/4 Turn, Rocking Chair

- 1,2 Step Rt Fwd, Pivot 1/2 Turn Lt
- 3,4 Step Rt Fwd, Pivot 1/4 Turn Lt
- 5,6 Rock Rt Fwd, Replace weight Lt
- 7,8 Rock Rt Back, Replace weight Lt

RESTART: Restart on Wall 4 AFTER 16 counts.

HAVE FUN
