## Take It To The Floor!

**Count:** 32

Level: Intermediate

Choreographer: Sophia van Hees (NL) - April 2008

Music: Take It To the Floor - B2K : (Soundtrack You got)

	<b>ep, cross, down, up, step, cross, unwind</b> RF cross behind LF
1 o	
&	LF step next to RF
2	RF cross in front of LF
3	LF step to side, go through knees, knip with Right.hand to floor
4	Straight your knees
5	LF step forward
6	RF touch crossed behind LF
&	<sup>1</sup> / <sub>2</sub> turn right, RF step forward (6.00)
7	LF touch crossed behind RF
8	Full turn left. Ending weight on RF (6.00)
(9-16) Runningman kicks, slide, diagonally steps with bended knees	
1	RF jump diagonally rightback, while kicking LF diagonally left forward with heel
&	Step on LF
2	LF jump diagonally leftback, while kicking RF diagonally right forward with heel
&	Step on RF
3	<sup>1</sup> / <sub>4</sub> turn right, LF slide to left side (9.00)
4	RF touch next to LF
5	1/8 turn right, (1.30) RF step to right side *
&	1/8 turn left (back to 9.00), LF touch next to RF *
6	1/8 turn left, (10.30) LF step to left side *
&	1/8 turn right (back to 9.00), RF touch next to LF *
7	1/8 turn right, (1.30) RF step to right side *
&	LF touch next to RF *
8	RF step to right side (still on 1.30) *
&	1/8 turn left (back to 9.00), LF touch next to RF *
* During count 5 till 8: go through your knees, keep them bended. Turn knees out on full counts, turn knees	
back on the "&-counts"	
(17-24) Step w	<i>i</i> th bodyroll, step with shake body, press steps with upperbody movement
1	LF step to left side, same time make bodyroll from lowerbody to upperbody
2	RF touch next to LF
3&	LF step to left side, shake uppperbody
4	RF touch next to LF

- 5 RF press step to right side
- & Push shoulders back
- 6 Push shoulders forward
- & RF step next to LF, shoulders back in middle
- 7 LF press step to left side
- & Push shoulders back
- 8 Push shoulders forward

## (25-32) Cross, step, step, turn, armroll, step out, out

- 1 LF cross behind RF
- & <sup>1</sup>⁄<sub>4</sub> turn right, RF step forward (12.00)
- 2 LF step forward





**Wall:** 2

- 3 <sup>1</sup>/<sub>2</sub> turn left, RF step backwards (6.00)
- & ½ turn left, LF step next to RF
- 4 <sup>1</sup>⁄<sub>4</sub> turn left, RF step to right side (9.00)
- 5-6 Armroll begin with righthand, ending with lefthand. Ending with ¼ turn left, weight on LF (6.00)
- 7 RF step to right side, left arm push elbow to left. Arm in front off body
- 8 LF step to left side, right arm push elbow to right. Arm in front off body

## END OF DANCE!!! RESTART