Salad Days

Count: 32

Level: Improver / Intermediate

Choreographer: Bill James (UK) - April 2008

Music: Sliced Tomartoes - Just Brothers

FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP

- 1 2 Step R toe forward, drop R heel to floor taking weight
- 3 4Rock forward on L, rock weight back onto R
- 5 6Step L toe back, drop L heel to floor taking weight
- 7 & 8 Step R back, step L beside R, step R forward

FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP

- 9 10Step L toe forward, drop L heel to floor taking weight
- 11 12Rock forward on R, rock weight back onto L
- 13 14 Step R toe back, drop R heel to floor taking weight
- 15 & 16 Step L back, step R beside L, step L forward

HEEL, HOOK, TOE, ½ TURN, ROCK, SHUFFLE ½ TURN

- 17 18 Dig R heel forward, hook R over L knee in figure 4
- 19 20 Touch R toe to R side, on ball of L make 1/2 turn R stepping R beside L
- 21 22 Rock forward on L, rock weight back onto R
- 23 & 24 Shuffle 1/2 turn L stepping L, R, L

SHUFFLE ½ TURN, COASTER STEP, FORWARD TOE STRUT, ¼ TURN TOE STRUT

- 25 & 26 Shuffle ¹/₂ turn L, stepping R, L, R
- 27 & 28 Step L back, step R beside L, step L forward
- 29 30 Step R toe forward, drop R heel to floor taking weight
- 31 32Step L toe 1/4 turn L, drop L heel to floor taking weight

START AGAIN

ENDING: On the 11th wall you will start dance facing the back wall. Dance counts 1 – 6 then replace the coaster step with Shuffle ½ turn R stepping R, L, R. This will bring you back to face the front

HAVE FUN AND TRY WITH FASTER MUSIC





Wall: 4