

# Calling U

**Count:** 32

**Wall:** 0

**Level:** Intermediate Pop Hip Hop

**Choreographer:** Julie Carr (UK) - April 2008

**Music:** Callin' U - Outlandish : (Album: Closer Than Veins, iTunes)



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## **Back cross back step, side cross R ¼ turn, R ½ Turn right.**

- 1&2 Step right foot back, cross left foot over right, step back diagonal on right foot
- 3&4 Step left foot to left cross right over left make a ¼ turn right as you step back onto left.  
3oclock
- 5-6 Make ¼ turn right as you step on to right foot, then make a furthe1/2 turn right stepping onto left foot. Face front.
- 7-8 Two slow hips sways right then left
- & (Sweeping right foot out ready for sailor step) slow

## **Right sweeping sailor & left sailor ¼ turn, Runs forward, Run back .**

- 1&2 Make a slow right sailor step
- &3&4 Sweeping left foot out Make a left ¼ turn sailor step . slow
- 5&6 Run forward R L lean forward on right foot like you have been hit in stomach, slight hold leaving left toes on the ground
- 7&8 Run back L R L. small step

## **Funky walks back, R sailor Sailor ¼ turn Hip rolls modified sailor**

- 1-2 Make two funky walks back R L. ( Slide feet along ground
- 3&4 Make right ¼ turn right, modified sailor rolling knee out & round to right leaving left foot on ground, knees bent (alternative normal sailor turns )
- 5&6 Modified Left ½ sailor turn . ( same as right sailor above.)
- 7-8 Two right hip rolls, Roll right hip up & out to right (press down onto right foot)

## **R Coaster step, full turn left, coaster touch kick & cross step**

- 1&2 Right coaster step
- 3-4 Make 1/2 turn left as you step forward on to L 1/2 turn left as you step back on R.
- 5&6 Left coater touch, touch left foot out to left
- 7-8 Kick left foot out diagonal side. then cross over & step onto it over R Weight on left.

**Ready to start dance again.**

**The music fades away in places just dance through it.**

**This is a real cool track. Please put your own style & attitude into it.**

**Hope you enjoy**

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