

Count: 48 Wall: 4 Level: Intermediate

Choreographer: Robbie McGowan Hickie (UK) - May 2008

Music: Hey You Count To 3 (James Roche Remix) - Melinda Schneider: (CD: My

Oxygen)



## Special Thanks to Niels Poulsen (Denmark) for his Suggestions in this dance

Intro: 16 Count intro

# Cross Samba (Left & Right). Step. Pivot 1/2 Turn Right. Left Shuffle 1/2 Turn Right.

1&2 Cross step Left forward over Right. Step Right slightly Right. Step forward on Left. 3&4 Cross step Right forward over Left. Step Left slightly Left. Step forward on Right.

5 – 6 Step forward on Left. Pivot 1/2 turn Right.

7&8 Turn 1/4 Right stepping Left to Left side. Step Right beside Left. Turn 1/4 Right stepping back

on Left.

Note: Travel Slightly Forward on Counts 1 – 4 above

# Back Rock & Point. & Side Toe Switches. Right Cross Shuffle. 2 x 1/4 Turns Right. Cross.

1&2 Rock back on Right. Rock forward on Left. Point Right toe out to Right side. (Facing 12

o'clock)

&3 Step Right beside Left. Point Left toe out to Left side.

&4 Step Left beside Right. Point Right toe out to Right side. \*\*\*See Note Below for Restart

Here\*\*\*

Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
 Turn 1/4 Right stepping back on Left. Turn 1/4 Right stepping Right to Right side.

8 Cross step Left over Right. (Facing 6 o'clock)

#### Monterey 1/2 Turn Right. Left Side Rock & Cross. Heel Jack. Hook. Step. Right Shuffle Forward.

1 - 2 Point Right toe out to Right side. Turn 1/2 turn Right stepping Right beside Left.
 3&4 Rock Left out to Left side. Recover weight on Right. Cross step Left over Right.

&5 Step back on Right. Touch Left heel forward.

Hook Left heel across Right shin. Step slightly forward on Left.
Right shuffle forward stepping Right. Left. Right. (Facing 12 o'clock)

### Heel Switches. Clap x 2. & Step. Pivot 1/2 Turn Left. Right Kick-Ball-Step Forward.

1&2 Dig Left heel forward. Step Left beside Right. Dig Right heel forward.

&3 Step Right beside Left. Dig Left heel forward.

&4 Clap x 2.

&5 – 6 Step Left beside Right. Step forward on Right. Pivot 1/2 turn Left.

7&8 Kick Right forward. Step ball of Right beside Left. Step slightly forward on Left. (Facing 6

o'clock)

#### Step. Pivot 1/4 Turn Left. 1/4 Turn Right Shuffle. Step. Pivot 1/4 Turn Right. 1/4 Turn Left Shuffle.

1 – 2 Step forward on Right. Pivot 1/4 turn Left. (Weight on Left)

3&4 Turn 1/4 Right stepping slightly forward on Right. Step Left beside Right. Step forward on

Right.

5 – 6 Step forward on Left. Pivot 1/4 turn Right. (Weight on Right)

7&8 Turn 1/4 Left stepping slightly forward on Left. Step Right beside Left. Step forward on Left.

## Forward Rock. Right Sailor Cross 3/4 Turn Right. Ball-Cross. Left Side Rock. Ball-Side.

1 – 2 Rock forward on Right. Rock back on Left. (Facing 6 o'clock)

3& Turn 1/2 turn Right crossing Right behind Left. Turn 1/4 turn Right stepping Left to Left side.

- 4 Cross step Right over Left. (Facing 3 o'clock)
  &5 Step ball of Left to Left side. Cross step Right over Left.
  6 7 Rock Left out to Left side. Recover weight on Right.
  &8 Step ball of Left beside Right. Step Right to Right side.
- Start Again

Restart: A Restart is needed during Wall 5 (Facing 12 o'clock) ... Dance up to Count 12 \*\*\* ... Then add on an "&" Count (Step Right beside Left) ... Then Start the dance again from the Beginning.