

Favourite Waste Of Time

COPPER **KNOB**
BY STEPHEN

Count: 32

Wall: 4

Level: Beginner

Choreographer: Dee Musk (UK) - September 2008

Music: My Favourite Waste of Time - Owen Paul



Approx 3mins 28 secs - 32 Count Intro - start just after main vocals. Approx 16 seconds.

Cross Back, Side Shuffle, Cross Back Side Shuffle.

- 1,2 Cross step R over L, step back on L.
- 3&4 Step R to R side, close L beside R, step R to R side.
- 5,6 Cross step L over R, step back on R.
- 7&8 Step L to L side, close R beside L, step L to L side. (12 o'clock).

Walk, Step ½ Turn R, Step, Skate R, L, R, L.

- 1-2 Walk forward R, step forward on L.
- 3-4 Make a ½ turn R, step forward on L.
- 5-8 Travelling forward skate, R, L, R, L. (6 o'clock).

Back Rock, Side Shuffle, Cross Rock, Side Together ¼ Turn L.

- 1,2 Cross rock R behind L, recover weight to L.
- 3&4 Step R to R side, close L beside R, step R to R side.
- 5-6 Cross rock L over R, recover weight to R.
- 7&8 Step L to L side, close R beside L, make a ¼ turn L stepping forward on L. (3 o'clock).

Step ½ Turn L, Kick Ball Change, Step Kick, Coaster Step.

- 1,2 Step forward on R, make a ½ turn L.
- 3&4 Kick R foot forward, step down on R, step down on L.
- 5,6 Step forward on R, kick L foot forward.
- 7&8 Step back on L, close R beside L, step forward on L. (9 o'clock).

Sing Along and Enjoy Luv Dee xx
