

All On My Lonesome

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Dougie D (UK) - September 2008

Music: On My Own - Reba McEntire : (CD: Starting Over)



Start dancing on lyrics

Rumba Box With Shuffles

- 1-2 Step left to side, step right beside left
- 3&4 Shuffle forward, stepping left, right, left
- 5-6 Step right to side, step left beside right
- 7&8 Shuffle back, stepping right, left, right

Step Left To Left, Right Behind Left, Step Left To Left With ¼ Turn Left And Shuffle Forward, Step Forward On Right, ½ Turn Left, Shuffle Forward

- 1-2 Step left to side, cross right behind left
- 3&4 Step left to side with ¼ turn left, shuffle forward, stepping left, right, left
- 5-6 Step forward on right, pivot ½ turn left
- 7&8 Shuffle forward, stepping right, left, right

Cross Rock Left Over Right, Short Vine Left, Side Rock On Left, Cross Shuffle To Right

- 1-2 Cross rock left over right, recover on right
- 3-4 Step left to side, cross right over left
- 5-6 Rock left out to left side, recover on right
- 7&8 Cross shuffle right, stepping left, right, left

Cross Right Over Left, Pivot ½ Left, Back Rock, Forward Mambo, Back Mambo

- 1-2 Cross right over left, pivot ½ turn left
- 3-4 Rock left back, recover on right
- 5&6 Step forward on left, step right in place, step left beside right
- 7&8 Step right back, step left in place, step right beside left

Side Rock To Left, Vine Right, Cross Rock

- 1-2 Rock left to side, recover on right
- 3-4 Cross left over right, step right to side
- 5-6 Cross left behind right, step right to side
- 7-8 Cross rock left over right, recover on right

Vine To Left, Rock To Left, Rock To Right

- 1-2 Step left to side, cross right over left
- 3-4 Step left to side, cross right behind left
- 5-6 Step left to side, cross right over left
- 7-8 Rock left to side, rock right to side

Repeat