Work, Work, Work

Count: 32

Level: Intermediate

Choreographer: Amy Christian (USA) - August 2008

Music: Work (Freemasons Remix) - Kelly Rowlands

Intro: 32 Count Intro.	
Step, Ball, Reco	over, Step, Ball, Recover, Cross, ¼ Turn, ½ Turn Shuffle
1&2	Step R foot fwd, Step out to L side on ball of L foot, Recover on R foot,
3&4	Step L foot fwd, Step out to R side on ball of R foot, recover on L foot,
5-6	Cross step R foot across L foot, ¼ turn right stepping back on L foot, (3 o'clock)
7&8	Shuffle ½ turn right, R, L, R, (9 o'clock)
In, In, Back, Coa	aster Step, Out, Out, Back, Coaster Step,
&1	Step fwd on L foot, Step R foot next to L foot,
2	Step back on L foot,
3&4	Right Coaster Step,
&5	Step out to L side on L foot, Step out to R side on R foot,
6	Step back on L foot,
7&8	Right Coaster Step,
¼ Turn Chasse, Out, Out, ½ Turn Cross Shuffle, Out, Out,	
1&2 ¼	Turn right, step L foot to left side, Step R next to L, Step L foot to L side, (12 o'clock)
3-4	Step R foot to right side, Step L foot to left side,
5&6 ½	Turn right, cross R foot over L foot, Step L foot to left side, Cross R foot over L foot, (6 o'clock),
7-8	Step L foot to left side, Step R foot to right side,
Behind, Side, Cross, Mambo Touch with easy Arms Movements on counts 4-8,	
1&2	Step L behind R, Step R to right side, Cross L over R,
3&4	Rock to right side on R foot, Recover on L, Step R foot next to L with weight on L foot,
4	Arms at chest level, bent at elbows, R palm over back of L hand,
5	Tilt arms, R elbow down (pointing 5 o'clock) L elbow up (pointing 10 o'clock),
6	Swing hands out, R hand still pointing 5 o'clock, L hand pointing 10 o'clock,
7	Bring hands back, R palm over back of L hand (same position as in count 5), Still at tilt,
8	Straighten up, as at count 4, elbows bent, with R palm over back of L hand,
	(Done after wall 3 - facing back wall) L Side Mambo, Pull, Twist ¼ Turn R, Pull, Twist ¼ Turn R ,
1&2	Rock out to right side on R foot, Recover on L, Step R next to L,
3&4	Rock out to left side on L foot, Recover on R, Step L next to R,
5-6	Bring arms straight out to R side, as if pulling on a handle(5), $\frac{1}{4}$ Turn R, Twisting on both feet(8),
7-8	Bring arms straight out to R side, as if pulling on a handle(7), ¹ ⁄ ₄ Turn R, Twisting on both feet(8). (Keep weight on left foot). The tag will bring you to the front wall.
*****	****************Enjoy!************************************





Wall: 2