# Bahama Mama

Count: 0

Level: Phrased Intermediate

Choreographer: Kenny Teh (MY) - December 2008 Music: Bahama Mama - Boney M.

Sequence: A, B, A, Tag 1, A, B, A, B, Tag 2, A, B, A, Tag 3

Start dance on vocals. (8 X 8) after the music starts

# Section A=32 counts

## ROCKING CHAIR, ROCK, RECOVER, CHASSE

1-4 Step left over right facing diagonally right, recover, step left to left, recover

(Spread out your hands for count 1 and by count 3 withdraw and cross them)

- 5-8 Step left over right facing diagonally right, recover
- (Spread out your hands for count 5 again)
- Chasse to the left 7&8
- 1-8 Mirror the above 8 steps

## STEP, ½ TURN FLICK, SHUFFLE, ½ TURN, ½ TURN SHUFFLE

- 1-2 3&4 Step left fwd, <sup>1</sup>/<sub>2</sub> turn left with ball of left and flick right, shuffle RLR
- 5-6 1/2 turn right step back on left, 1/2 turn right step fwd on right
- 7&8 Shuffle fwd LRL
- 1-8 Mirror the above 8 steps

# Section B=32 counts

## ¾ ARC, STEP, TOUCH, STEP, TOUCH

1&2&3&4 Step left fwd, step right behind left, left fwd, step right behind left, Step left fwd, step right behind left, step left fwd

## (The above steps are danced so that you make a ¾ ARC left, ending facing 3 o'clock. You should be using the ball of the right only for the above steps )

- 5-6 Step right to right facing diagonally left, touch left beside right and click fingers
- 7-8 Step left to left facing diagonally right, touch right beside left and click fingers

# 14 SHUFFLE, 1/2 TURN SHUFFLE, 1/2 TURN SHUFFLE, STEP, TOUCH

- 1&2 3&4 1/4 right shuffle fwd RLR, 1/2 right shuffle back LRL
- 5&6 7-8 1/2 right shuffle fwd RLR, step left fwd, touch right beside left

# BACK SHUFFLE X2, SHIMMY X2

- Shuffle back RLR facing diagonally right, shuffle back LRL facing diagonally left 1&2 3&4
- 5&6 Big step right shimmy shoulders, at the same time leaning to the right
- Big step left shimmy shoulders, at the same time leaning to the left 7&8

# BACK STEP, STEP, STEP, TOUCH, ¼ TURN STEP, TOUCH, ½ TURN STEP, TOUCH

- Step right back and push right shoulder back, step left back and push left shoulder back, 1-2
- 3-4 Step right back and push right shoulder back, touch left beside right
- 5-6 1/4 turn left step fwd left, touch right beside left and clap
- 7-8 1/2 turn right step fwd right, touch left beside left and clap

## Tag 1 = 12 counts

# SHIMMY LEFT, SHIMMY RIGHT, STEP, TOGETHER, STEP, TOUCH

- 1&2 Big step left shimmy shoulders, at the same time leaning to the left
- 3&4 Big step right shimmy shoulders, at the same time leaning to the right





Wall: 4

5-8 Step left to left, step right beside, step left to left, touch right beside left and clap

## FULL CIRCLE RIGHT STEP, STEP, STEP, TOUCH

1-4 Making a full right circle on the spot, step RLR, touch left beside right (Note: this is not a rolling vine)

## Tag 2 = 16 counts

#### SHIMMY LEFT, SHIMMY RIGHT, STEP, TOGETHER, STEP, TOUCH

- 1&2 Big step left shimmy shoulders, at the same time leaning to the left
- 3&4 Big step right shimmy shoulders, at the same time leaning to the right
- 5-8 Step left to left, step right beside, step left to left, touch right beside left and clap

#### FULL CIRCLE RIGHT STEP, STEP, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

1-4 Making a full right circle on the spot, step RLR, touch left beside right

#### (Note: this is not a rolling vine)

5-8 Step left to left, touch right beside left and clap, step right to right, touch left beside right and clap

#### Tag 3 = 11 counts

## SHIMMY LEFT, SHIMMY RIGHT, STEP, TOGETHER, STEP, TOUCH

- 1&2 Big step left shimmy shoulders, at the same time leaning to the left
- 3&4 Big step right shimmy shoulders, at the same time leaning to the right
- 5-8 Step left to left, step right beside, step left to left, touch right beside left and clap

#### FULL CIRCLE RIGHT STEP, STEP, STEP

1-3 Making a full right circle on the spot, step RLR