Demolition Man

Count: 64	**Wall:** 4	**Level:** Improver	

Choreographer: Louise Elfvengren (NOR) - February 2009

Music: Demolition Man - Manfred Mann's Earth Band

Start at vocals OR after 16 counts.

Section 1: TOESTRUT FORWARD, ROCKING CHAIR AND HOLD
1-4 Right foot forward toe-heel, left foot forward toe-heel
5-8 Step right foot forward, step down on left foot, step right foot backward, hold.

Section 2: SIDE TOGETHER SIDE KICK, SIDE TOGETHER SIDE TOUCH
1-4 Step left to left side, step right beside left, step left to left and kick right foot diagonally
5-8 Step right to right, step left beside right, step right to right and touch left next to right.

Section 3: TOESTRUT BACKWARD, ROCKING CHAIR AND HOLD
1-4 Left foot backward toe-heel, right foot backward toe-heel
5-8 Step left foot backward step down on right foot, step left foot forward, hold.

Section 4: SIDE TOGETHER SIDE KICK, SIDE TOGETHER SIDE TOUCH
1-4 Step right to right, step left beside right, step right to right and kick left foot diagonally
5-8 Step left to left side, step right beside left, step left to left and touch right next to left.

Section 5: SHUFFLE FORWARD AND HOLD, STEP TURN STEP AND HOLD
1-4 Step right forward, step left next to right, step right forward, hold
5-8 Step left forward, turn ½ right, step left forward , hold.

Section 6; ¾ TURN AND HOLD, SHUFFLE FORWARD AND HOLD
1-4 Turn ¼ right stepping forward on right, hold, turn ½ right stepping back on left foot, hold
5-8 Step right forward, step left next to right, step right forward, hold.

Section 7: WEAVE WITH TOUCH, WEAVE WITH ¼ TURN AND TOUCH,
1-4 Step left to left, right behind left, left to left, touch right next to left
5-8 Step right to right, left behind right, turn ¼ right and touch left beside right.

Section 8: ¾ TURN AND HOLD, SHUFFLE FORWARD AND HOLD
1-4 Turn ¼ left stepping forward on the left, hold, turn ½ left stepping back on right foot, hold
5-8 Step left forward, step right next to left, step left forward, hold.

From the beginning I put in a restart, but when I taught it we missed it and found out that it works perfectly, so just keep on dancing……