

# Hurt Don't Know

**COPPER** KNOB  
STEPPERS

Count: 32

Wall: 2

Level: Improver

Choreographer: Dee Musk (UK) - April 2009

Music: Hurt Don't Know When To Quit - Rissi Palmer



**Intro: 16 Count Intro. Approx 13 seconds.**

**Side Back Rock, Side, Coaster Step, Run Run, Sway R Sway L, Together Cross.**

- 1,2& Step L to L side, cross rock R behind L, recover weight to L.
- 3 Step R to R side.
- 4&5 Step back on L, close R beside L, step forward on L.
- 6& Run forward R, L.
- 7,8 Sway R, sway L.
- &1 Step R beside L, cross step L over R. (12 o'clock).

**Side, Back Rock ¼ Turn L, Step, Step ¾ Turn R, Behind Side.**

- 2 Step R to R side.
- 3&4 Cross rock L behind R, recover weight to R, make a ¼ turn L stepping L forward.
- 5 Step forward on R.
- 6&7 Step forward on L, make a ¾ turn R (weight on R), step L to L side.
- 8& Cross step R behind L, step L to L side. (6 o'clock).

**Rock Recover, Side, Weave, Rock Recover Together Walk R, L.**

- 1,2& Cross rock R over L, recover weight to L, step R to R side.
- 3&4& Cross step L over R, step R to R side, cross step L behind R, step R to R side.
- 5,6& Cross rock L over R, recover weight to R, step L beside R.
- 7,8 Walk forward R, walk forward L. (6 o'clock).

**Step ½ Turn ½ Turn L, Sailor ¼ Turn L, Rock Recover ½ Turn R, Step ¾ Turn, Side Close.**

- 1&2 Step forward on R, make a ½ turn L (weight forward on L), make a further ½ turn L stepping back on R.
- 3&4 Making a ¼ turn L cross step L behind R, step R to R side, step forward on L.
- 5&6 Rock forward on R, recover weight to L, make a ½ turn R stepping forward on R.
- 7& Step forward on L, make a ¾ turn R (weight on R).
- 8& Step L to L side, close R beside L. (6 o'clock).

**Relax and enjoy Dee xx**

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