Loch Lomond



Count: 0 Wall: 0 Level: Phrased Advanced

Choreographer: Elizabeth Scott (SCO) - June 2009

Music: Loch Lomond (Hampden Remix) - Runrig : ("Children in Need" - Single)



[In celebration of Scotland's "Year of Homecoming" 2009]

NOTE: Speed of music varies starting slow then fast - 2 DANCES IN ONE !!

SECTION ONE: (SLOW)
Starts On: 1st Drum Beat

DIAGONAL STEPS FORWARD, SHUFFLE, HIP SWAYS, 1/4 CHASSE LEFT

1 - 2 Step left forward to left diagonal, touch right beside left

3 & 4 Step right back to right diagonal, step left beside right, step back right

5 - 6 Sway hips to left side; sway hips to right side

7 & 8 Step Left to Left side. Close Right beside Left. Make ¼ turn left stepping forward Left

REPEAT: Section One x 5, but, on 5th wall, replace steps 7&8 with 5-6 12 O'CLOCK

SECTION TWO: (SLOW)

SWAY LEFT, RIGHT CHASSE LEFT, SWAY RIGHT, LEFT, CHASSE 1/4 RIGHT

1-2 Step left to left side, step right to right side

3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side

5-6 Step right to right side, step left to left side

7&8 Step Right to Right side. Close Left beside Right. Make ¼ turn Right step forward Right.

SYNCOPATED FORWARD ROCK STEPS, PIVOT 1/4 TURN RIGHT, CROSS STEP

9 - 10 Rock forward on Left. Rock back on Right.

&11 & 12 Step Left quickly beside Right. Rock forward on Right. Rock back on Left

&13 - 14 Step forward left. Pivot ¼ turn Right (weight on Right)

15 - 16 Cross step left over right. Step right to right side. 6 O'CLOCK

REPEAT: STEPS 1-16 x 4 times

SWAY LEFT, RIGHT CHASSE LEFT, SWAY RIGHT, LEFT, CHASSE RIGHT

17 & 18 Step left to left side, step right to right side

19 & 20 Step Left to Left side. Close Right beside Left. Step Left to Left side

21 & 22 Step right to right side, step left to left side

23 & 24 Step Right to Right side. Close Left beside Right. Step Right to Right side

SYNCOPATED RUMBA BOX 1/4 TURN LEFT x 2

25 & 26 Step left ¼ turn to left, step right beside, step left forward 27 & 28 Step right to right, step left beside right, step right backward

29 & 30 Step ½ turn left, step right beside, step left forward

31 & 32 Step right to right, step left beside right, step right backward

REPEAT: STEPS 17-32 x 2 times 12 O'CLOCK

REPEAT: SECTION ONE 12 O'CLOCK

T A G: Step Left. Touch Right Beside. Step Right. Touch Left Beside (4 Counts) 12 O'CLOCK

SECTION THREE: (F A S T)

WEAVE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

1-2 Cross step left over right. Step right to right side
3-4 Cross step left behind right. Step right to right side.
5-6 Cross rock left over right. Recover onto right.

7-8 Step left to left side. Close right beside left. Step left to left side.

WEAVE LEFT, CROSS ROCK RECOVER, CHASSE 1/4 TURN RIGHT

9-10 Cross step right over left. Step left to left side.11-12 Cross step right behind left. Step left to left side.

13-14	Cross rock right over left. Recover onto left.
15-16	Step right to right side. Close left beside right. Make 1/4 turn right stepping forward
WALK LEFT, RIGHT, LEFT SHUFFLE, ROCK RECOVER, CHASSE 1/4 TURN RIGHT	
17-18	Walk forward on Left. Walk Forward on Right
19-20	Step left forward. Close right beside left. Step left forward
21-22	Rock right forward. Recover onto left.
23-24	Step right to right side. Close left beside right. Make 1/4 turn right stepping forward
	& POINT, RIGHT CROSS, ½ RIGHT HINGE TURN, LEFT CROSS
25-26	Cross step left over right. Step right to right side
27-28	Cross step left behind right. Point right to right side.
29-30	Cross Right over left, turning ¼ right step left back
31-32	Turning ¼ right step right side, cross left over right.
SIDE ROCK, SAILOR 1/4 TURN, LEFT BACK ROCK RECOVER, WALK LEFT RIGHT	
33-34	Rock right side. Recover on left.
35-36	Cross right behind left. Step left to left side turning ¼ left. Step right in place.
38-38	Rock back left. Recover onto right.
39-40	Step left forward. Step right forward.
REPEAT: SECTION THREE (Steps 1-40) x 3 3 O'CLOCK	
	AZZBOX, LEFT ¼ TURNING JAZZBOX 12 O'CLOCK
	TION TWO (Steps 1-16 x 2, Steps 17-32 x 2) 12 O'CLOCK
THE EXT. OLG	11011 1110 (010p0 1 10 x 2, 010p0 17 02 x 2) 12 0 020011
REPEAT: SEC	TION THREE x 5 then on the 9 o'clock wall 9 O'CLOCK
Dance steps 1-	24, changing steps 23&24 to R Backward Shuffle
	R: (VERY F A S T)
	SAILOR STEPS, CROSS, UNWIND, FULL TURN, SIDE ROCK 12 O'CLOCK
1&2	Cross Left behind Right. Step Right to Right side. Step Left to place
3&4	Cross Right behind Left. Step Left to Left side. Step Right to place.
5-6	Cross Left behind Right. Unwind full turn Left weight ends on Left.
7-8	Rock to Right side on Right. Recover onto Left in place.
	SAILOR STEPS, CROSS, UNWIND, FULL TURN, SIDE ROCK
9&10	Cross Right behind Left. Step Left to Left side. Step Right to place.
11&12	Cross Left behind Right. Step Right to Right side. Step Left to place.
13-14	Cross Right behind Left. Unwind full turn Right weight ends on Right.
15-16	Rock to Left side on Left. Recover onto Right in place.
	VAUDEVILLE STEPS
17-18	Step Right to Right Side. Cross Left Behind Right.
& 19	Step Right Diagonally Back Right. Touch Left Heel Diagonally forward Left
& 20	Step Onto Left Side. Cross Right Behind Left
21-22	Step Left to Left Side. Cross Right Behind Left
& 23	Step Left Diagonally Back Left. Touch Right Heel Diagonally Forward Right.
& 24	Step Onto Right In Place. Cross Left Over Right.

1/4 MONTEREY TURN x 2

Touch Right Toe to Right Side. On ball of Left make ¼ Turn Right, Step Right to Left

27-28 Touch Left to Left Side. Step Left Bside Right

29-32 (Repeat Steps 25-28)

REPEAT: SECTION FOUR on 6 o'clock wall

FINISH: Bounce Right Heel Four Times. Bounce Left Heel Four Times Bump Hips Left Twice Bump Hips Right Twice x 2 Swivel Hips Full Circle Left. Repeat to Right