## Treacle not Pudding

Count: 32
Wall: 4
Level: Intermediate
Choreographer: Craig Bennett (UK) \& Paul McAdam (UK) - June 2009
Music: Work - The Saturdays : (Album: If This is Love)

Count in: Approximately 32 counts from Start of track on vocals.
(1-8) KICK BALL CHANGE, SWIVEL ½ TURN, CROSS ROCK SIDE, CROSS SHUFFLE
1\&2 Kick right foot forward, step back on ball of right foot, step forward on left foot

3\&4
5\&6
7\&8 Make a $1 / 2$ turn right swivelling heels left, right, left (weight finishes on left) Cross rock right foot over left, step back on left foot, step right foot to right side Cross left foot over right, step right foot to right side, cross left foot over right
(9-16) SWITCHES \& SWIVEL, COASTER STEP $1 ⁄ 2$ TURN TOUCH
1\&2 Touch right toe to right side, step right foot next to left, touch left toe out to left side
\& $3 \& 4$ Step left foot next to right, touch right toe forward, swivel both heels right, swivel heels back to centre
5\&6 Step back on right foot, step left foot next to right, step forward on right foot
$7,8 \quad$ Pivot $1 / 2$ turn left and take weight on left, touch right toe next to left
(17-24) OUT-OUT \& CROSS, HOLD \& CROSS, SYNCOPATED SIDE ROCKS
\&1 Step right foot out to right side, step left foot out to left side
\&2
3\&4
5\&6\&
7\&8
Step slightly back on right foot, cross left foot over right foot
Hold a count, step right foot to right side, cross left foot over right
Rock right foot to right side, recover weight on left, cross right foot behind left, rock left foot out to left side
Recover weight on right foot, cross left foot behind right, step right foot forward
(25-32) 2 X WALKS, STEP $1 / 2$ TURN STEP, $3 / 4$ CROSS, SIDE ROCK CROSS
1,2 Walk forward on left foot, walk forward on right foot
3\&4 Step forward on left foot, pivot $1 / 2$ turn right, step forward on left foot
5\&6
7\&8

## START AGAIN AND ENJOY!

RESTARTS:
There are 2 Restarts they both happen after count 16 , on the 2 nd wall and the 5 th wall.

