Indy's Zumba



Count: 52 Wall: 4 Level: Phrased Intermediate

Choreographer: Arne Stakkestad (BEL) & Shauni Stakkestad (BEL) - July 2009

Music: (Don't) Wake Me Up - Indy Lee : (CD: Show Them to Me)



Intro: 8 counts (bass) Sequence: A,A,A(chorus),B,A,A(chorus), B,A(20)

Part A

(1-8) Side, together, side, together, tripple stomp, rocking chair, together, heel swivels

1&2& RF to right side, LF beside RF, RF to right side, LF beside RF,
 3&4 RF stomp beside LF, LF stomp beside RF, RF stomp beside LF
 5&6& LF rock forward, recover on RF, LF rock backwards, recover on RF

7&8 LF beside RF, swivel heels left, swivel heels right with ¼ turn left (9H, weight on RF)

(9-16) Shuffle ½ left, full turn, walk

1&2 1/4 left, LF to left side, RF beside LF, 1/4 left, LF forward (3h)

3-4 ½ left, RF backwards, ½ left, LF forward

5-8 step forward RF, LF, RF, LF (add some attitude)

(17-24) "Indy steps", touch forw, together, ½ left touch forw, together

jump on LF and hitch right knee, RF beside LF, jump on RF and hitch Lknee, LF beside RF jump on LF and hitch right knee, RF beside LF, jump on RF and hitch Lknee, LF beside RF

5-6 RF sweep to touch forward, RF beside LF

7-8 ½ left and LF sweep to touch forward, LF beside RF (9h)

(25-32) ½ left touch forw, together, side mambo steps

1-2 RF sweep to touch forward, RF beside LF

3-4
½ left and LF sweep to touch forward, LF beside RF (3h)
5&6
RF rock to right side, recover on LF, RF beside LF
LF rock to left side, recover on RF, LF beside RF

Part B (after the 3th and 5th wall(chorus)

(1-6) Pivots, step forw, stomp

1-2 RF forward, ½ left weight on LF (click fingers)
3-4 RF forward, ½ left weight on LF (click fingers)
5-6 RF forward, stomp LF beside RF (weight on LF)

(7-12) Side stomps, hip roll

1-2 RF stomp to right side (RHand on right thigh), LF stomp to left side (LHand on left thigh)
3-6 hip roll contra clockwise,4 counts, from Left to Right to Left (end with weight on LF)

(13-20) 4 shuffles forw, with bumps

1&2	RF forward (hips right), LF beside RF (hips left), RF forward (hips right)
3&4	LF forward (hips left), RF beside LF (hips right), LF forward (hips left)
5&6	RF forward (hips right), LF beside RF (hips left), RF forward (hips right)
7&8	LF forward (hips left), RF beside LF (hips right), LF forward (hips left)