

No Escape

Count: 32

Wall: 4

Level: Improver

Choreographer: Marjorie Barnabas-Shaw (MY) - August 2009

Music: One Way or Another - Blondie : (Album: Parallel Lines)



Intro Count: 64 counts, start dancing on vocals

Structure: Repeating with no tag, bridge or restart

Rhythm: Rock

STEP FORWARD, KICK, STEP BACK, TOUCH, RIGHT LOCK STEPS, SCUFF.

- 1-2 Step forward right. Kick left foot forward.
- 3-4 Step back left. Touch right toe back.
- 5-6 Step forward right. Lock left foot behind right.
- 7-8 Step forward right. Scuff left foot forward.

SIDE LEFT AND TOGETHER, HOLD, SIDE RIGHT AND TOGETHER, HOLD.

- 1-2 Rock left foot to left side. Recover onto right.
- 3-4 Step left foot beside right. Hold.
- 5-6 Rock right foot to right side. Recover onto left.
- 7-8 Step right foot beside left. Hold.

¼ LEFT TURN, ½ RIGHT MONTEREY, VINE, STEP.

- 1-2 Turn ¼ left stepping left foot forward. Point right toe to right side.
- 3-4 Turn ½ right stepping right foot to right side. Point left toe to left side.
- 5-6 Cross left foot behind right foot. Step right to right side.
- 7-8 Cross left over right. Step forward right.

LEFT AND RIGHT FORWARD STRUTS, LEFT COASTER, HOLD.

- 1-2 Touch left toe diagonally forward. Drop left heel to floor.
- 3-4 Touch right toe diagonally forward. Drop right heel to floor.
- 5-6 Step left foot back. Step right beside left.
- 7-8 Step left foot forward. Hold.

~~***~~ **DANCE LIKE YOU HAVE NEVER DANCED BEFORE** ~~***~~

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