Forever Is Over

Count: 64

Level: Intermediate

Choreographer: Dee Musk (UK) - October 2009

Music: Forever Is Over (Radio Edit) - The Saturdays : (Single - 3:24)

88 Count Intro - BPM 136 Start On heavy beat when they sing 'Forever Is Over' Approx 39 seconds.

CROSS BACK SIDE STEP FORWARD, KICK STEP BACK TOUCH BACK ½ TURN L.

- 1-4 Cross step R over L, step back on L, step R to R side, step forward on L.
- 5-8 Kick R forward, step R back, touch L toe back, make a ¹/₂ turn L (weight forward on L).
- ** Restart here during wall 4 begin again facing 6 o'clock. (6 o'clock).

TOE STRUT, STEP L PIVOT R, TOE STRUT, FULL TURN L.

- 1.2 Step R toe forward, drop R heel.
- 3.4 Step forward on L, make a ¹/₂ turn R (weight forward on R).
- 5,6 Step L toe forward, drop L heel.
- Travelling forward make a ¹/₂ turn L stepping back on R, make a ¹/₂ turn L stepping forward on 7.8 L (weight forward on L).
- (Optional walk forward R, L). (12 o'clock).

* Restart here during wall 2 - begin again facing 6 o'clock.

CROSS SIDE SAILOR STEP, CROSS ¼ TURN L, ¼ TURN L WITH SIDE SHUFFLE.

- 1.2 Cross step R over L, step L to L side.
- 3&4 Cross step R behind L, step L to L side, step R to R side.
- 5,6 Cross step L over R, make a ¹/₄ turn L stepping back on R.
- 7&8 Make a ¹/₄ turn L side shuffling L, R, L. (6 o'clock).

CROSS ROCK SIDE SHUFFLE, CROSS BACK SIDE TOUCH.

- Cross rock R over L, recover weight to L. 1,2
- 3&4 Step R to R side, close L beside R, step R to R side.
- 5-8 Cross step L over R, step back on R, step L to L side, touch R beside L. (6 o'clock).

STEP FORWARD KICK, BACK TOUCH, STEP BACK KICK, BACK ROCK RECOVER.

- Step forward on R, kick L forward. 1,2
- 3,4 Step back on L, touch R beside L.
- 5.6 Step back on R, kick L forward.
- 7,8 Rock back on L, recover weight to R. (6 o'clock).

L SHUFFLE FORWARD, STEP ¼ TURN L, WEAVE WITH ¼ TURN L.

- 1&2 Shuffle forward stepping L, R, L.
- 3,4 Step forward on R, make a 1/4 turn L.
- 5-8 Cross step R over L, step L to L side, cross step R behind L, make a 1/4 turn L stepping forward on L. (12 o'clock).

*** Restart here during wall 6 - begin again facing 12 o'clock.

FORWARD ROCK, ½ TURN R, ¼ TURN R, SAILOR STEP, CROSS SWEEP.

- 1,2 Rock forward on R, recover weight to L.
- Make a ¹/₂ turn R stepping forward on R, make a ¹/₄ turn R stepping L to L side. 3.4
- 5&6 Cross step R behind L, step L to L side, step R to R side.
- Cross step L over R, sweep R from behind L to in front of R. (9 o'clock). 7,8

CROSS SIDE BEHIND POINT, CROSS 1/4 TURN L, SIDE SHUFFLE L.

1-4 Cross step R over L, step L to L side, cross step R behind L, point L to L side.





Wall: 2

5,6 Cross step L over R, make a ¼ turn L stepping back on R.
7&8 Step L to L side, close R beside L, step L to L side. (6 o'clock).

* Restart 1 during wall 2 – dance up to count 16 then begin again facing 6 0'clock wall. ** Restart 2 during wall 4 – dance up to count 8 then begin again facing 6 o'clock wall. ***Restart 3 during wall 6 – dance up to count 48 then begin again facing 12 o'clock wall.

Don't be put off by the restarts – they are easy to spot! Have Fun!!

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