## **Sweet Dreamz**



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Paul Clifton (UK) - January 2010

Music: Sweet Dreams - Beyoncé : (Album: I Am Sasha Fierce)



#### Intro 32 counts.

# S1: KNEE POPS WITH 1/4 TURN RIGHT, KICK & POINT RIGHT & LEFT, KNEE POPS WITH 1/4 TURN RIGHT.

1-2 Pop right knee in towards left, Make ¼ turn right on left popping right knee forward.

3&4 Kick right forward, Step right next to left, Point left to left side.5&6 Kick left forward, Step left next to right, Point right to right side.

7-8 Pop right knee in towards left, Make ¼ turn right on left popping right knee forward.

### S2: BACK ROCK, SHUFFLE 1/2 TURN REVERSE PIVOT 1/2 TURN, OUT OUT IN IN WITH TOUCH.

1-2 Step back on right, Recover weight forward onto left.

3&4 Shuffle ½ turn left stepping R,L,R.

5-6 Touch left toe back, Reverse ½ turn left ( weight on left )

&7&8 Step right out to right side, Step left out to left side, Step right back to centre, Touch left next

to right.

#### S3: STEP FULL PIVOT, RIGHT LOCK STEP, SYNCOPATED DIAGONAL ROCK STEPS.

1-2 Step left forward, Pivot full turn right on ball of left lifting right heel across left shin.

3&4 Step right forward, Lock left behind right, Step right forward.

5-6& Rock left diagonally forward left, Recover onto right, Step left next to right.

7-8 Rock right diagonally back right, Recover onto left.

#### S4: LUNGE RIGHT, BEHIND SIDE CROSS, LUNGE LEFT, SAILOR ¾ TURN LEFT.

1-2 Lunge right to right side, Recover onto left,

3&4 Step right behind left, Step left to left side, Cross step right over left.

5-6 Lunge left to left side, Recover onto right.

7&8 ½ turn left stepping left behind right, ¼ turn left stepping right next to left, ¼ turn left & cross

left over right.

#### S5: VINE RIGHT, HEEL JACK & CROSS, VINE LEFT, 1/4 TURN RIGHT, KICKBALL STEP.

1-2 Step right to right side, Step left behind right.

Step slightly back on right, Dig left heel diagonally forward left, Step slightly back on left,

Cross step right over left.

5-6 Step left to left side, Step right behind left.

&7&8 Make ¼ turn right stepping left next to right, Kick right forward, Step right next to left, Step left

forward.

#### S6: DOROTHY ½ TURN, DOROTHY ¼ TURN, SYNCOPATED ROCKING CHAIR, HEEL SPLITS.

Step right forward, Lock left behind right, Make ½ turn left stepping right next to left.
Step forward on left, Lock right behind left, Make ¼ turn right stepping left next to right.

5&6& Rock forward on right, Recover onto left, Rock Back on right, Recover onto left.

7&8 Step right forward, Split both heels out, Bring both heels back in ( weight forward on right ).

## S7: PIVOT ½ TURN RIGHT, TRIPLE FULL TURN RIGHT, STEP, HOLD, & WALK R,L.

1-2 Step left forward, Pivot ½ turn right.

3&4 Travelling forward triple a full turn right stepping L,R,L.

5-6 Step right forward, Hold.

&7-8 Step left next to right, Walk forward R,L.

## S8: HEEL & TOE SWITCHES WITH 1/2 TURN LEFT, HEEL & TOE SWITCHES WITH 1/4 TURN LEFT.

1&2	Dig right heel forward, Step right next to left, Touch left toe back.
3&4	Make ½ turn left on right & dig left heel forward, Step left next to right, Touch right toe back.
5&6	Dig right heel forward, Step right next to left, Touch left toe back.
7&8	Make ¼ turn left on right & dig left heel forward, Step left next to right, Touch right toe back.