

The Silence

Count: 80

Wall: 1

Level: Advanced

Choreographer: Val Parry (UK) - February 2010

Music: The Silence - Alexandra Burke



INTRO - Starts on word "UP" as she sings "You Lift Me UP"

WALL 1 ONLY (Special sequence) - STARTS on Section 7 Dance through sections 7-10 and then Section 5-6 After completing wall 1 you will be facing the 6'clock wall. Now dance walls 2, 3, 4 with Tag at end of wall 3

Section 1: NOTE: Always starts on 6 o'clock wall

NEW - FULL ROLLING TURN RIGHT, CROSS ROCK ¼, FORWARD ROCK, BACK ROCK, PIVOT ½

- 1, 2 & Step 1/4 right, Turn 1/2 right stepping back on left, Turn ¼ right stepping right to right side
- 3 4 & Cross rock left over right, Recover onto right, turn ¼ left stepping forward on left
- 5, 6 Rock Forward on right, recover weight on Left,
- 7 & 8 & Rock Back on Right, Recover weight on left, step forward on right, pivot ½ left WOL [9]

Section 2: FORWARD ROCK, SWEEP ½ COASTER STEP, CROSS ROCK, SIDE ROCK CROSS

- 1, 2 Rock Forward on right, recover weight on left
- 3 & 4 Sweep ½ right, stepping Right behind Left, Step left next to right, step forward on Right.
- 5, 6 Cross rock left over right, Recover onto right
- 7 & 8 Rock left out to left side, recover weight on right, cross left over right WOL [3]

Section 3: FULL ROLLING TURN RIGHT, CROSS ROCK ¼, FORWARD ROCK, BACK ROCK, PIVOT ½

- 1, 2 & Step 1/4 right, Turn 1/2 right stepping back on left, Turn ¼ right stepping right to right side
- 3 4 & Cross rock left over right, Recover onto right, turn ¼ left stepping forward on left
- 5, 6 Rock Forward on right, recover weight on Left,
- 7 & 8 & Rock Back on Right, Recover weight on left, step frwrd on right, pivot ½ left WOL [6]

Section 4: FORWARD ROCK, SWEEP ½ COASTER STEP, CROSS ROCK, SIDE ROCK CROSS

- 1, 2 Rock Forward on right, recover weight on left
- 3 & 4 Sweep 1/2 right, stepping Right behind Left, Step left next to right, step forward on Right.
- 5, 6 Cross rock left over right, Recover onto right
- 7 & 8 Rock left out to left side, recover weight on right, cross left over right WOL [12]

Section 5: RIGHT AND LEFT NIGHTCLUB BASICS, STEP FULL TURN, MAMBO FORWARD

- 1, 2 & Step right long step to right. Rock left back behind right. Recover onto right.
- 3, 4 & Step left long step to left. Rock right back behind Left. Recover onto left.
- 5, 6, 7, Step forward on right, Moving forward, make full turn right stepping left back, right forward
- 8 & 1 Rock forward on left, recover weight on right, Step back on left WOL [12] (**WALL 1 [3])

Section 6: SWEEP, STEP BEHIND, (4 Times) SAILOR ¼, CROSS

- &2 &3 Sweep right out from front. Step right behind left. Sweep left out from front. Step left behind right.
- &4 &5 Sweep right out from front. Step right behind left. Sweep left out from front. Step left behind right.
- 6 & 7 Sweep right out 1/4 turn right Cross right behind left, step left in place, Step right to right side
- 8 Cross step Left over Right WOL [3] (**WALL 1 [6])

Section 7: THIS IS WHERE WALL ONE STARTS

SIDE, CROSS ROCK SIDE, CROSS ¼ ¼, CROSS ROCK, FULL ROLLING TURN

- 1, 2 & 3 Step Right long step right, Cross rock left over right, recover weight on right, Step left to left side
- 4 & 5 Cross right over left, turn ¼ right stepping back on left, turn ¼ right stepping right to right side
- 6, 7, Cross rock left over right, recover weight on right
- 8 & 1 Turn ¼ left, step L frwd, turn ½ left step R back, Turn ¼ left step L side, WOL [9] (**WALL 1 [6])

Section 8: CROSS, SIDE, SAILOR ¼, WALK, WALK, STEP PIVOT ½, STEP FORWARD

- 2, 3, Cross step Right over Left, step Left to Left side.
- 4 & 5 Sweep Right behind Left, make 1/4 turn to Right step Left next to Right, step forward on Right.
- 6, 7, Walk Forward L, R,
- 8 & 1 Step forward Left,. Pivot 1/2 turn right, Step forward left WOL [6]] (**WALL 1 [3])

Section 9: FORWARD ROCK, COASTER STEP, STEP TURN BACK, SHUFFLE HALF TURN

- 2, 3, Forward Rock on right, recover on left
- 4 & 5 Step back on right, step left next to right, step forward on right
- 6, 7, Step forward on left, turn ½ left stepping back on right
- 8 & 1 shuffle 1/2 turn left stepping left, right, left WOL [6]] (**WALL 1 [3])

Section 10: CROSS ROCK, SIDE ROCK CROSS, SWAY LEFT RIGHT LEFT

- 2, 3, Cross rock right over left, Recover onto left
- 4 & 5 Rock right out to right side, recover weight on left, cross right over left
- 6, 7, 8 Sway L, Sway R, Sway L WOL [6]] (**WALL 1 [3])

TAG 8 Counts, Done once only facing the 6 o'clock wall after wall 3

- 1 - 2 Step right to right side, 1/2 hinge turn right stepping left to left side,
- 3 - 4 Sway onto right, Sway onto left
- 5 - 6 Step right to right side, 1/2 hinge turn right stepping left to left side,
- 7 - 8 Sway onto right, Sway onto left WOL [6]

ENDING DANCE UP TO COUNT 5 OF SECTION 10 replace counts 6,7,8, with

- 6,7,8 sway L, Step right to right side, 1/2 hinge turn left stepping left to left side WOL [12]

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