

# Parachute

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Peter Metelnick (UK) & Alison Metelnick (UK) - January 2010

**Music:** Parachute - Cheryl : (CD: 3 Words)



**4 count intro.....very quick start!) – 116bpm**

**(1-8) R point, ½ R monterey turn & L flick, diagonal rocking chair, L cross shuffle**

- 1-2 Touch R toes to R side, turning ½ right step R together and flick L foot back (6 o'clock)
- 3-4 Cross rock L over R on R diagonal, recover weight on R
- 5-6 Rock L back on L diagonal, recover weight on R
- 7&8 Cross step L over R, step R side, cross step L over R

**(9-16) R hitch & cross step R over L, hold, L side, R drag ball step, fwd R & L, hold with head movements (whip lash!)**

- &1-2 Lift/hitch R up, cross step R over L, hold
- 3-4 Step L side left (large step), drag R together (keeping weight on L)
- &5-6 Step R back, step L forward, step R forward
- 7&8 Step L forward, hold

**Head movement on &8: Turn head R, then back forward with quick ¼ turns**

**(17-24) R fwd rock & recover, R back, L fwd flvk, L back, R sweep into behind-side-cross, ¼ R hitching on L**

- 1-2& Rock R forward, recover weight on L, step R back
- 3-4 Flick L forward, step L back
- 5 Sweep R front to back
- 6&7 Cross step R behind L, step L side, cross step R over L
- 7 Turning ¼ right on R lift/hitch L (9 o'clock)

**(25-32) L cross rock & recover, L side, R cross rock & recover, R ball cross, ½ hinge bring feet together**

- 1-3 Cross rock L over R, recover weight on R, step L side left
- 4-5 Cross rock R over L, recover weight on L
- &6 Step R side, cross step L over R
- 7-8 Turning ¼ left step R back, turning ¼ left step together (3 o'clock)

**Tag: Occurs at end of 5th wall facing R side. Dance tag and start dance again.**

- 1-4 Syncopated jazz box x 2
- 1&2& Cross step R over L, step L back, step R side, step L together
- 3&4& Cross step R over L, step L back, step R side, step L together

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