

Follow My Emotion

Count: 32

Wall: 4

Level: Beginner

Choreographer: Thomas C. Tam (CAN) - February 2010

Music: Je ne sais quoi - Hera Björk



Intro: 32 counts, start on lyric

HEEL, HOLD, BALL, CROSS, SIDE; BEHIND, SIDE, CROSS, RECOVER

- 1-2 Touch right heel forward facing right diagonal, hold
- &3-4 Touch R next to L, cross L over R, step R to right side
- 5-6 Step L behind R, step R to right side
- 7-8 Cross L over R, recover on R

SHUFFLE ¼ TURN LEFT, PIVOT ¼ TURN LEFT; LEFT WEAVE, POINT

- 1&2 Step L to left side, step R next to L, turn ¼ left stepping L forward (9:00)
- 3-4 Step R forward, turn ¼ left with weight on L (6:00)
- 5-6 Cross R over L, step L to left side
- 7-8 Cross R behind L, point L to left side

FORWARD, TOUCH, ¼ TURN RIGHT, TOUCH; ¼ TURN LEFT, ½ TURN LEFT, BACK, TOUCH

- 1-2 Step L forward, touch R next to L
- 3-4 Turn ¼ right stepping R to right side, touch L next to R (9:00)
- 5-6 Turn ¼ left stepping L forward, turn ½ left stepping R back (12:00)
- 7-8 Step L back, touch R in front of L

ROCKING CHAIR; JAZZ BOX ¼ TURN RIGHT

- 1-2 Step R forward, recover on L
- 3-4 Step R back, recover on L
- 5-6 Cross R over L, turn ¼ right stepping L behind R (3:00)
- 7-8 Step R to right side, Cross R over L

START AGAIN AND ENJOY THE DANCE!

ENDING: To face the front wall, dance the first 4 counts of the 11th Wall as:

HEEL, HOLD, BALL, CROSS, ¼ TURN RIGHT

- 1-2 Touch right heel forward facing right diagonal, hold
- &3-4 Touch R next to L, cross L over R, turn ¼ right stepping R forward