Cowabunga Shuffle

Level: Beginner

Choreographer: A. Verity - 2010

Count: 32

Music: Rob Rio - I Want You To Seduce Me

Dedicated to the Cowabunga Kickers: avcwdancer@comcast.net

Start 32ct. in after I want to

Alt. Track: Stuff You Gotta Watch Leon Helm 114 bpm. Start after 16 ct. intro

Step scuffs in place

- 1-4 (Weight is on left foot) Step right beside left, scuff left across right, Step left beside right scuff right across left
- 5-8 Step right beside left, scuff left across right, Step left beside right scuff right across left

Right slide forward together step, hold, Left slide forward together step, hold

- 1-4 Step forward on right slide left together, step forward right hold
- 5-8 Step forward on left slide right together, step forward left hold

Toe struts back starting on right

- 1-2 Touch right toe back, drop heel to floor
- 3-4 Touch left toe back, drop heel to floor
- 5-6 Touch right toe back, drop heel to floor
- 7-8 Touch left toe back, drop heel to floor (Weight left)

Jazz Square, touch right, touch left

- 1-4 Cross step right over left, step back on left, step side right, Step left beside right
- 5-8 Touch right toe to side step right beside left, touch left toe to side step left beside right

Begin Again

*Make this a two wall dance by replacing last 4 steps with a step forward right pivot 1/4 left twice (now facing 6 o'clock)

Have Fun!!





Wall: 1