Hypnotized



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Shaz Walton (UK) - March 2010

Music: Hypnotized - Tania Christopher



Count in – 32 counts- on vocals – optional styling in Italics

Side. Touch. Ball. Walk. Walk. Heel. Touch. Heel-touch-heel.

1-2& Step left to left. Touch right beside left. Step right beside left.

3-4 Walk forward left. Walk forward right.

5-6 Touch left heel forward. Touch left beside right.

7&8 Touch left heel forward. Touch left beside right. Step left forward. (Counts 5-8.....pop your

shoulders)

Rock, Recover, Shuffle 1/2, Chasse left, Sailor 1/4

1-2 Rock forward on right. Recover on left.

3&4 Shuffle ½ turn right.

5&6 Chasse left.

7&8 Cross step right behind left. Make ¼ right stepping left to side. Step right forward.

Rock. Recover. Ball. Touch behind. 1/4. Step. Switch. Step. Switch. Step. Heel. Step. Touch.

1-2 Rock forward left. Recover on right.

&3-4 Step left beside right. Touch right behind. Make ¼ right keeping weight on left.

&5&6 Step right beside left. Touch left to left side. Step left beside right. Touch right to right side.

&7 Step right beside left. Touch left heel forward.&8 Step left beside right. Touch right toes behind left.

Ball. Step. Hold. Ball. Step. Touch. Walk back x2. Coaster step.

&1-2 Step right beside left. Step left forward. Hold.

&3-4 Step right beside left. Step left forward. Touch right beside left.

5-6 Walk back right. Walk back left.

7&8 Step back right. Step back left. Step forward right.

Touch. ¼ turn. Rock. Recover. Kick. Ball. Touch. Kick. Ball. Point.

1-2 Touch left to left side. Make ¼ right keeping weight back on left. (Body roll)

3-4 Rock back on right. Recover on left.

Kick right forward. Step right beside left. Touch left beside right.Kick left forward. Step left beside right. Touch right to right side.

Sailor step. Sailor ¼. Sailor step. Sailor ½.

1&2 Cross step right behind left. Step left to left side. Step right to right side.

3&4 Cross step left behind right. ¼ left stepping right to right side. Step left to left side.

5&6 Cross step right behind left. Step left to left side. Step right to right side.

7&8 ¼ left stepping left behind right. ¼ left stepping right to side. Step left forward. (sailor ½)

Rocks forward-back-forward. Shuffle ½. Coaster step. Shuffle ½

1-2-3 With body angled to left diagonal, step forward right and rock, forward-back-forward.(weight

ends right)

4&5 Shuffle ½ turn right stepping left-right-left.

6&7 Step back right. Step back left. Step forward right.

8&1 Shuffle ½ turn right stepping left-right-left.

Hitch. ½. Rock. Recover. Step back. Touch. ½ right.

- 2-3 Hitch right. Make ½ turn right stepping right forward.
- 4-5 Rock forward on left. Recover on right.
- 6-7 Step back left. Touch right behind.
- 8 Make ½ turn right dropping weight onto right foot.

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