

# Smotherin' Me

**COPPER** KNOB  
STEPSHEETS

**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Andrew Palmer (UK) & Sheila Palmer (UK) - March 2010

**Music:** Smotherin' Me - Imelda May : (CD: Love Tattoo)



**16 count / 8s intro. Start on vocals**  
**Dance rotates in a clockwise direction**

**Kick. Kick. Together. Side. Together. Kick-Ball-Cross. Kick-Ball-Cross**

- 1-2& Kick left over right. Kick left to side, Step left beside right
- 3 - 4 Step right to side. Step left beside right
- 5&6 Right kick-ball-cross
- 7&8 Right kick-ball-cross

**Quarter-Step back. Together. Heel Bounces. Forward. Together. Kick-Ball-Point**

- 1 - 2 Quarter left (9:00) step back on right. Step left beside right
- 3 - 4 Bounce both heels. Bounce both heels (weight left)
- 5 - 6 Step forward on right. Step left beside right
- 7&8 Right kick-ball-point

**Sailor-Step. Sailor-Quarter-Turn. Step. Touch. Kick-ball-step**

- 1&2 Left sailor-step
- 3&4 Sailor quarter turn right (12:00)
- 5 - 6 Step forward on left. Touch right beside left
- 7&8 Right kick-ball-step

**Rock. Recover. Turn. Turn. Coaster-Step. Step. Pivot-Quarter**

- 1 - 2 Rock forward on right. Recover
- 3 - 4 Half right (6:00) step forward right. Half right (12:00) step back on left
- 5&6 Right coaster-step
- 7 - 8 Step forward on left. Pivot quarter (3:00) weight right

**Restart here during wall 5**

**Cross. Point. Behind. Point. Touch. Turn. Step.Pivot-Half**

- 1 - 2 Cross left over right. Point right to side
- 3 - 4 Step right behind left. Point left to side
- 5 - 6 Touch back left. Half left (9:00) change weight to left
- 7 - 8 Step forward on right. Pivot half (3:00) weight left

**Box-Step. Forward. Together. Heel Bounces**

- 1 - 4 Right box-step
- 5 - 6 Step forward right. Step left beside right
- 7 - 8 Bounce both heels. Bounce both heels (weight right)

**Our thanks to Peter for recommending the track.**

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