

# Just 1 dance

Count: 64

Wall: 2

Level: Improver

Choreographer: Gemma Wear (UK) & Hayley Argyle (UK) - April 2010

Music: Just One Dance - Caro Emerald



## 32 Count Intro

### Section 1: Toe struts x2, rock forward, coaster step

- 1-2 Touch right toe forward, drop right heel,  
3-4 Touch left toe forward, drop left heel,  
5-6 Rock forward on right, recover back on left  
7&8 Step Back on right, step left beside right, step right forward.

Option: counts 7&8 can be replaced by a triple full turn

### Section 2: Cross points x2 jazz box ¼ turn touch

- 1-2 Cross left over right, point right to right side,  
3-4 Cross right over left, point left to left side,  
5-6 Cross left over right, step back on right,  
7-8 Step left to left side making ¼ turn left, touch right beside left. [9:00]

### Section 3: Step kicks x2, Chasse rock back

- 1-2 Step right to right side, kick left across right,  
3-4 Step left to left side, kick right across left,  
5&6 step right to right side, step left beside right, step right to right side,  
7-8 Rock back on left, recover forward on right. [9:00]

### Section 4: Step kicks x2, chasse rock back

- 1-2 Step left to left side, kick right across left,  
3-4 Step right to right side, kick left across right,  
5&6 Step left to left side, step right beside left, step left to left side,  
7-8 Rock back on right, recover forward on left. [9:00]

### Section 5: Monterey ½ with holds, rocking chair

- 1-2 Point right to right side, hold,  
&3-4 Bring right foot in, making ½ turn right, point left to left side, hold,  
&5-6 Bring left foot in next to right, rock forward on right, recover on left,  
7-8 Rock back on right, recover forward on left. [3:00]

Option: Counts 5-8 can be replaced with 2 pivot half turns over left shoulder

### Section 6: Cross side, syncopated weave, side rock syncopated weave

- 1-2 Cross right over left, step left to left side,  
3&4 Cross right behind left, step left to left side, cross right over left,  
5-6 Rock left to left side, recover right to right side,  
7&8 Cross left behind right, step right to right side, step forward on left making a ¼ turn right.  
[6:00]

Restart Here: wall 2, you will be facing 12:00

### Section 7: Kick ball cross x2, side rock, weave

- 1&2 Kick right to right diagonal, step right beside left, cross left over right,  
3&4 Kick right to right diagonal, step right beside left, cross left over right,  
5-6 Rock right to right side, recover left to left side,  
7&8 Cross right behind left, step left to left side, cross right in-front of left. [6:00]

Option: Counts 7&8 can be replaced with a triple full turn.

**Section 8: Kick ball cross x2 side rock, weave**

1&2 Kick left to left diagonal, step left beside right, cross right over left,

3&4 Kick left to left diagonal, step left beside right, cross right over left,

5-6 Rock left to left side, recover right to right side,

7&8 Cross left behind right, step right to right to right side, cross left over right.[6:00]

**Option: Counts 7&8 can be replaced with a triple full turn**

**Restart! : Wall 2 at end of section 6.**

**Tag! : At end of wall 5, you will be facing 6:00**

**Step right to right side for count 1; drag left in for 3 counts. Transfer weight to left foot.**

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