Last Drop Of Life



Count: 32 Wall: 4 Level: High Improver

Choreographer: Louise Elfvengren (NOR) - May 2010

Music: Ultima Lágrima da Vida - Piedade Fernandes : (CD: Pyramix)



Intro: Start at vocals

Section 1

ROCK FW REC. COASTER STEP, ½ STEP TURN LEFT, SHUFFLE FORWARD

1-2 Rock left fw, recover onto right.

Step left back, step right next to left, step left forward.
Step right forward, turn ½ left stepping left forward. (6)
Step right forward, step left beside left, step right forward.

OPTION 7&8: Full tripleturn left stepping right-left-right.

Section 2

STEP FW, TURN 1/4 LEFT, COASTER STEP, 1/2 STEP TURN LEFT, TAP x 2 RIGHT FOOT

Step left forward, turn ¼ left stepping down on right. (3)
Step left back, step right next to left, step left forward.
Step right forward, turn ½ left stepping down on left. (9)

7-8 Tap right foot twice to the right side.

Before restart only one tap, step down on right on count 8

Restart wall 4 (facing 6 o clock)

Section 3

ROCK FW REC. SHUFFLE TURN 1/2 RIGHT, ROCK AND CROSS SHUFFLE

1-2 Rock right forward, recover onto left.

3&4 Shuffle turn ½ right, stepping right-left-right. (3)

5-6 Rock left to left side, recover onto right.

7&8 Cross left in front of right, step right to right side, cross left in front of right.

Section 4

POINT TO RIGHT, POINT FW, LOCK STEP BW, 1/4 TURN LEFT, TOUCH 1/4 TURN SHUFFLE RIGHT

1-2 Point right to right side, point right forward.

3&4 Step right back, lock left in front of right, step right back.

Restart wall 9 (facing 9 o clock)

5-6 Turn ¼ left stepping down on left, touch right next to left. (12)

7&8 Turn ¼ right stepping right forward, step left beside left, step right forward. (3)

OPTION 7&8: Full triple turn right stepping right-left-right

There are TWO Restarts - Wall 4 and Wall 9.