

She Likes To Dance

Count: 48

Wall: 4

Level: Improver

Choreographer: Linda Pink (AUS) - January 2009

Music: Movin' And A Groovin' - Eugene Bridges : (Album: Moovin' And A Groovin')



Original Position: Feet Together Weight On The Left Foot.

This dance is done in all FOUR directions. Introduction : 3 Beats

SIDE SHUFFLE, BACK, ROCK, SIDE SHUFFLE, BACK, ROCK

- 1 & 2 side shuffle to the right step : r-l-r,
- 3, 4 step l back, rock forward onto r,
- 5 & 6 side shuffle to the left step : l-r-l,
- 7, 8 step r back, rock forward onto l.

SHUFFLE FORWARD, SHUFFLE FORWARD, BOOGIE WALK : RIGHT, LEFT, RIGHT, LEFT

- 1 & 2 shuffle forward step : r-l-r,
- 3 & 4 shuffle forward step : l-r-l,
- 5, 6 boogie : step r forward with toe out, step l forward
- 7, 8 with toe out, step r forward with toe out, step l forward with toe out.

PIVOT TURN, PADDLE TURN, ACROSS, ROCK, SIDE SHUFFLE

- 1, 2 pivot : step r forward, turn 180° left take weight onto l,
- 3, 4 paddle : step r forward, turn 90° left take weight onto l,
- 5, 6 step r across in front of left, rock onto l,
- 7 & 8 side shuffle to the right step : r-l-r.

ACROSS, SIDE, BEHIND, SIDE, ACROSS, ROCK, SIDE SHUFFLE

- 1, 2 step l across in front of right, step r to the side,
- 3, 4 step l behind right, step r to the side,
- 5, 6 step l across in front of right, rock onto r,
- 7 & 8 side shuffle to the left step : l-r-l.

KICK BALL CHANGE, PADDLE TURN, KICK BALL CHANGE, PADDLE TURN

- 1 & 2 kick r forward, step r together, step l together,
- 3, 4 paddle : step r forward, turn 90° left take weight onto l,
- 5 & 6 kick r forward, step r together, step l together,
- 7, 8 paddle : step r forward, turn 90° left take weight onto l.

FORWARD, HOLD, FORWARD, HOLD, "V" STEP

- 1, 2 step r forward, hold,
- 3, 4 step l forward, hold,
- 5, 6 step r forward at 45° right, step l to the side,
- 7, 8 step r back the centre, step l together.

(48) Repeat the dance in new direction