## Posted Proposal

Count: 48 Wall: 4 Level: Intermediate
Choreographer: Jon Peppin (AUS) - July 2010
Music: Post-It Note Proposal - Billy Bridge : (CD: Post It Note Proposal)


Start Position: Feet together - with weight on R foot. Starts 24 counts in on vocals.

| $1-3$ | $[1,2,3]$ Waltz forward - step $L$ forward, step $R$ beside $L$, step $L$ beside $R$, |
| :--- | :--- |
| $4-6$ | $[4,5,6]$ Waltz back - step $R$ back, step $L$ beside $R$, step $R$ beside $L$, |
| $7-9$ | $[1,2,3]$ Step $L$ forward, turning 180 degrees $L$ - step $R$ beside $L$, step $L$ beside $R$, |
| $10-12$ | $[4,5,6]$ Waltz back - step $R$ back, step $L$ beside $R$, step $R$ beside $L$, |
| $13-15$ | $[1,2,3]$ Step $L$ forward, touch $R$ toe to $R$ side, hold for one count, |
| $16-18$ | $[4,5,6]$ Step $R$ forward, touch $L$ toe to $L$ side, hold for one count, |
| $19-21$ | $[1,2,3]$ Step $L$ behind $R$, step/rock on ball of $R$ to $R$ side, rock/replace weight onto $L$, |
| $22-24$ | $[4,5,6]$ Step $R$ behind $L$, step/rock on ball of $L$ to $L$ side, rock/replace weight onto $R, *$ |

## ****Note: On wall 6 - Restart dance here from the beginning****

25-27 [1,2,3 Turning 90 degrees $R$ - step $L$ forward, step $R$ beside $L$, step $L$ beside $R$,
28-30 [4,5,6] Turning 90 degrees $R$ - step $R$ back, step $L$ beside $R$, step $R$ beside $L$,
31-33 $\quad[1,2,3]$ Turning 90 degrees $R$ - step $L$ forward, step $R$ beside $L$, step $L$ beside $R$, 34-36 $[4,5,6]$ Turning 90 degrees $R$ - step $R$ back, step $L$ beside $R$, step $R$ beside $L$,

37-39 [1,2,3] Twinkle - step $L$ over $R$, step/rock on ball of $R$ to $R$ side, rock/replace weight onto $L$,
40-42 [4,5,6] Step R over L, turn 90 degrees $R$ - step $L$ back, turn 90 degrees - $R$ step $R$ to $R$ side,

43-45 [1,2,3] Twinkle - step $L$ over $R$, step/rock on ball of $R$ to $R$ side, rock/replace weight onto $L$,
46-48 [4,5,6] Step R over L, turn 90 degrees R - step L back, turn 180 degrees R - step R forward.

## REPEAT DANCE IN NEW DIRECTION

Notes:

1. Restart - on wall 6 - Dance the first 24 counts then restart the dance from the beginning.
2. Last Wall / finish - The music disappears/slows - just dance through it and on the last three counts just turn 180 degrees instead of 270 degrees:
46-48 [4,5,6] Step R over L, turn 90 degrees R - step L back, turn 90 degrees R - step R forward.
As taught by the Travelling Cowboy. (Ph.0413.714725) - Email: travellingcowboy@dodo.com.au
