Workin' On Me

Count: 32

Level: Beginner

Choreographer: Lenore Flintoft - May 2010

Music: Keep Workin' On Me - Johnny Reid : (Album: Dance With Me)

32 count intro, one tag after 6th wall

SUGAR FOOT RIGHT , SHUFFLE IN PLACE, SUGAR FOOT LEFT, SHUFFLE IN PLACE

- Point right toe to inside of left foot, put right heel out to front, 1-2
- 3&4 Shuffle forward right, left, right
- 5-6 Point left toe to inside of right foot, put left heel out to front,
- 7&8 Shuffle forward left, right, left

ROCK BACK, SHUFFLE, ROCK FORWARD, SHUFFLE

- 9-10 Rock back on right, recover on left
- 11&12 Shuffle in place right, left, right
- 13-14 Rock forward on left, recover on right
- 15&16 Shuffle in place left, right, left

WALK FORWARD X 3, WALK BACK X 2, COASTER

- 17-20 Walk forward right, left, right, kick left foot forward,
- 21-22 Walk back left, right
- 23&24 Step left back, step right next to left, step forward on left

FORWARD AND BACK ROCKS, JAZZ BOX ¼ TURN RIGHT

- 25-28 Rock right forward, recover on left, rock right back, recover on left
- 29-32 Step right in front of left, step back on left making ¼ turn right, step on right, step left beside right

TAG: After 6th wall, dance the first 24 steps, then restart dance.





Wall: 4