Count: 80 Wall: 2 Level: Phrased High Intermediate
Choreographer: Ryan Hunt (UK) - July 2010
Music: Shut Up - Nick Lachey : (Album: SoulO Album - 3:25)

Sequence: AB ABB A(24) ABB
Intro: Start after 32 counts (A - 48 Counts, B - 32 Counts)

## SECTION A

(The clock directions are the walls that you will be facing when you dance Section A starting on the 12:00 wall)
(1-8) STEP FORWARD, MAMBO STEP, TRIPLE FULL TURN, LIFT, RECOVER, $1 / 4$ SIDE CROSS
1-2\&3 Step forward on $R$ foot, Rock forward on $L$ foot, Recover back on $R$ foot, Step back on $L$ foot
4\&5 Make a full turn $R$ on the spot stepping R, L, R (12)
6-7 Rock forward on $L$ foot lifting $R$ leg behind, Recover back on $R$ foot
8\& Make $1 / 4$ turn $L$ stepping $L$ to $L$ side, Cross $R$ over $L$ (9)
(9-16) PUSH ¼ TURN, PIVOT ¼ CROSS, SIDE, HINGE 1/8, CROSS BACK TOGETHER
1-2 $\quad$ Step $L$ to $L$ side pushing out with the $L$ hip, Recover on $R$ foot as you make $1 / 4$ turn $R$ (12)
3\&4 Step forward on L, Pivot $1 / 4$ turn R, Cross L over R (3)
5-6 Step $R$ to $R$ Side, Hinge 1/8 turn $L$ and step $L$ to $L$ side and slightly back (1:30)
7\&8 Cross R over L, Step back on L, Step R next to L (1.30)
(17-24) \& ROCK RECOVER, $3 / 8$ FORWARD, $1 / 4$ SIDE, SAILOR STEP, \& BEHIND ¼ FORWARD
\&1-2 Step slightly forward on L, Rock forward on $R$ foot into the diagonal, Recover back on $L$ foot (1:30)
3-4 Make 3/8 turn $R$ stepping forward on $R$ (6), Make $1 / 4$ turn $R$ stepping $L$ to $L$ side (9)
$5 \& 6 \quad$ Cross $R$ behind $L$, Step $L$ to $L$ side, Step $R$ to $R$ side
\&7-8 Cross $L$ behind $R$, Make $1 / 4$ turn $R$ stepping forward on R, Step forward on $L(12)$ *** Restart Point during 3rd A
(25-32) MAMBO $1 / 4$ TURN, DRAG IN \& CROSS, SIDE PRESS, RECOVER $1 ⁄ 4$, SHUFFLE $1 / 2$ TURN
1\&2 Rock forward on R, Recover back on L, Make $1 / 4$ turn $R$ stepping $R$ a big step to $R$ side (3)
3\&4 Drag $L$ in towards R, Step $L$ next to R, Cross R over $L$
5-6 $\quad$ Press out to $L$ side on $L$ foot, Recover back on $R$ foot making $1 / 4 L$ (12)
7\&8 Make $1 / 4$ turn $L$ stepping $L$ to $L$ side, Close $R$ next to $L$, Make $1 / 4$ turn $L$ stepping forward on $L$
(6)
(33-40) SIDE, CROSS BEHIND, CHASSE ¼ TURN, MAMBO ½ TURN, HITCH ¼ PADDLE, HITCH ¼ PADDLE
1-2
Step $R$ to $R$ side, Cross $L$ behind $R$
3\&4 Step $R$ to $R$ side, Step $L$ next to $R$, Make $1 / 4$ turn $R$ stepping forward on $R$ (9)
5\&6 Rock forward on $L$, Recover back on R, Make $1 / 2$ turn $L$ stepping forward on $L$ (3)
\&7\&8 $\quad$ Hitch $R$ knee, Make $1 / 4$ turn $L$ and point $R$ to $R$ side, Hitch $R$ knee, Make $1 / 4$ turn $L$ and point $R$ to $R$ side (9)
(41-48) CROSS ROCK ¼ TURN, TRIPLE FULL TURN, ROCK RECOVER BACK LOCK STEP, ½ TURN
$1 \& 2 \quad$ Cross Rock R over L, Recover back on L, Make $1 / 4$ turn R stepping forward on $R$ (12)
3\&4 Make $1 / 2$ turn R stepping back on $L$, Make $1 / 2$ turn $R$ stepping forward on $R$, Step forward on $L$ (12)

5\&
Rock forward on $R$ foot, Recover back on $L$ foot

## SECTION B

(The clock directions are the walls that you will be facing when you dance Section B starting on the $6: 00$ wall)
(1-8) WALK R, WALK L, PIVOT $1 ⁄ 4$ CROSS, $1 ⁄ 4$ BACK SIDE CROSS SIDE BEHIND SIDE CROSS
1-2 Walk forward on R, Walk forward on $L$
3\&4 Step forward on R, Pivot $1 / 4$ turn L, Cross R over L (3)
5\&6\& Make $1 / 4$ turn $R$ stepping back on $L$, Step $R$ to $R$ side, Cross $L$ over R, Step $R$ to $R$ side (6)
7\&8 Cross L behind R, Step R to R side, Cross L over R
(9-16) \& ROCK CROSS POINT, BEHIND \& ¼ DRAG, ROCK BACK SIDE, SAILOR $1 ⁄ 2$ FORWARD
\&1\&2 Rock R out to R side, Recover onto L, Cross R over L, Point L to L side ("When We Touch")
$3 \& 4 \quad$ Cross $L$ behind $R$, Step $R$ to $R$ Side, Make $1 / 4$ turn $R$ stepping $L$ a big step to $L$ side and dragging $R$ in (9)
5\&6 Cross Rock R behind L, Recover on L, Step R to R side
788 Cross $L$ behind $R$, Make $1 / 2$ turn $L$ stepping $R$ next to $L$, Step forward on $L$ (3)
(17-24) PUSH FROM HIPS, DIAGONAL ROCKING CHAIR, CROSS, BACK HESITATE, SIDE, CROSS, $3 / 4$ TURN

Pushing with $R$ hip step forward and to $R$ diagonal, Pushing with $L$ hip step forward and to $L$ diagonal (1:30)
3\&4\& Still facing L diagonal Rock forward on R, recover back on L, Rock back on R, recover forward on L (1:30)
5-6 $\quad$ Cross $R$ over $L$, Step back on $L$ straightening up to side wall (3)
7\&8\& Step R to $R$ side, Cross $L$ over R, Make $1 / 4$ turn $L$ stepping back on R, Make $1 / 2$ turn $L$ stepping forward on $L$ (6)
(25-32) STEP CLOSE POINT, BACK, OUT, OUT, \& FORWARD, PIVOT $1 / 4$ CROSS, $1 / 4$ BACK, $1 / 2$ FORWARD
1\&2 Step forward on R, Step L and close next to R foot, Point R foot forward ("When We Touch")

8\& Make $1 / 4$ turn $L$ stepping back on $R(6)$, Make $1 / 2$ turn $L$ stepping forward on $L$ (12)
(You're now ready to go forward on the $R$ foot for either Section A or Section B)
END OF DANCE!
Sequence: AB ABB A(24) ABB
Restart: During the third $A$, dance the first 24 counts only and then restart from the beginning of $A$.
Note: This dance is only phrased to the version of the track which can be found on the SoulO album. The single version cannot be used.

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