Oh La Naw



Count: 96 Wall: 2 Level: Low Intermediate

Choreographer: GS Ang (MY) - August 2010

Music: Oh la nor...My love - Thongchai McIntyre



Sequence of dance: B(32) / AAB /AAB /AAB / BB(32) Start after 64 counts of drum beats when the music kicks in.

SECTION A (32 counts)

BACK & FORWARD BASIC CHA CHA

1-2 Rock right forward, recover onto left

3&4 Cha cha backward on RLR

5-6 Rock left back, recover onto right

Cha cha forward on LRL 7&8

MONTEREY HALF TURN RIGHT X 2

1-2 Point right to right side, turning 1/2 right step right together

3-4 Point left to left side, step left together

5-6 Point right to right side, turning 1/2 right step right together

Point left to left side, step left together 7-8

RIGHT & LEFT LINDY

1&2 Cha cha to right side on RLR

3-4 Cross left behind right, recover onto right

5&6 Cha cha to left side on LRL

7-8 Cross right behind left, recover onto left

SIDE, BEHIND, QUARTER TURN RIGHT CHA CHA FORWARD, STEP, PIVOT QUARTER RIGHT, CROSS CHA CHA

1-2 Step right to right side, cross left behind right 3&4 Turning 1/4 right cha cha forward on RLR Step left forward, pivot 1/4 turn right 5-6

Cross cha cha on LRL (6.00) 7&8

SECTION B (64 counts)

SIDE, TOGETHER, SIDE, TOUCH, JUMP LEFT, HOLD, JUMP RIGHT, HOLD

1-2 Step right to right side, step left together 3-4 Step right to right side, touch left together (styling: swing both hands forward & back by the sides)

5-6 Jump left to left side touching right together, hold 7-8 Jump right to right side touching left together, hold

(styling: for counts 5-6 swing both palms to left side & 7-8 swing both palms to right side)

SIDE, TOGETHER, SIDE, TOUCH, JUMP RIGHT, HOLD, JUMP LEFT, HOLD

1-2 Step left to left side, step right together 3-4 Step left to left side, touch right together (styling: swing both hands forward & back by the sides.)

5-6 Jump right to right side touching left together, hold Jump left to left side touching right together, hold

(styling: for counts 5-6 swing both palms to right side & 7-8 swing both palms to left side)

RIGHT ROLLING VINE, TOUCH, LEFT ROLLING VINE, TOGETHER

1-3 Right rolling vine on RLR

4	Touch left together and clap
5-7	Left rolling vine on LRL
8	Touch right together and clap

PADDLE 1/4 TURN LEFT X 4

(styling: with both palms tagether, raise them above head)		
7-8	Step right forward, turning 1/4 left shift weight onto left	
5-6	Step right forward, turning 1/4 left shift weight onto left	
3-4	Step right forward, turning 1/4 left shift weight onto left	
1-2	Step right forward, turning 1/4 left shift weight onto left	

(styling: with both palms together, raise them above head)

WALK FORWARD RLR, KICK, WALK BACKWARD LRL, TOGETHER

1-2	Walk forward on right, walk forward on left
3-4	Walk forward on right, kick left forward
5-6	Walk backward on left, walk backward on right
7-8	Walk backward on left, step right together

HAND ACTIONS

1-4	Clap both hands bending knees, raise them to right side flicking all fingers out 3 times
5-8	Clap both hands bending knees, raise them to left side flicking all fingers out 3 times

RIGHT & LEFT DIAGONAL LOCK STEPS WITH SCUFFS

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1-2	Along right diagonal step right forward, lock left behind right
3-4	Step right forward again, scuff left forward
5-6	Along left diagonal step left forward, lock right behind left
7-8	Step left forward again, scuff right forward

BACK TOE STRUTS X 4

(styling: pull right and left fingers across the eyes)		
7-8	Touch left toes back, step left heel down	
5-6	Touch right toes back, step right heel down	
3-4	Touch left toes back, step left heel down	
1-2	Touch right toes back, step right heel down	

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