

# Lovin U On My Mind

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** High Intermediate

**Choreographer:** Alan Spence (UK) - August 2010

**Music:** Lovin' You On My Mind - Josh Turner : (CD: Haywire)



**16 Count Intro, 15 seconds, (68 bpm)**

**Start with weight on right foot facing right diagonal**

## **Rock Fwd L. Step Back R,L. Cross, 1/8 Turn Side Cross, Side Rock Cross, 2 x 1/4 Turns Cross**

- 1 2 & Rock Forward on Left to Right Diagonal, Step Back on Right, Step Back on Left ( 1.30 clock)
- 3 4 & Cross Right Over Left, Make 1/8 Turn Right Stepping Back on Left, Step Right to Right Side ( 3 o'clock )
- 5 6 & Cross Left Over Right, Rock Right to Right Side, Recover onto Left
- 7 & Cross Right Over Left, Make 1/4 Turn Right Stepping Back on Left ( 6 o'clock )
- 8 & Make 1/4 Turn Right Stepping Right to Right Side, Cross Left Over Right ( 9 o'clock )

## **Sway R,L, Cross 1/4 Turn, Back Rock, Sweep Cross Unwind 1/2 Turn, Sweep Behind Side Cross**

- 1 2 & Sway Right Stepping Right to Right Side, Sway Left, Cross Right Over Left
- 3 & 4 Make 1/4 Turn Right Stepping Back on Left, Rock Back on Right, Recover onto Left (12 o'clock )
- & 5 Sweep Right from Back to Front, Cross Right Over Left
- 6 & Unwind 1/2 Turn Left, Sweep Left from Front to Back ( 6 o'clock )
- 7 & 8 Step Left Behind Right, Step Right to Right Side, Cross Left Over Right

## **Side Back Rock, 1/4 Turn Back Rock, 1/4 Turn Step 1/2 Turn, Step Full Turn, Step**

- 1 2 & Long Step Right to Right Side, Rock Back on Left, Recover onto Right
- 3 4 & Make 1/4 Turn Right Stepping Back on Left, Rock Back on Right, Recover onto Left ( 9 o'clock )
- 5 6 & Make 1/4 Turn Right Stepping Forward on Right, Step Forward on Left, Pivot 1/2 Turn Right, ( 6 o'clock )
- 7 & Step Forward on Left, Make 1/2 Turn Left Stepping Back on Right
- 8 & Make 1/2 Turn Left Stepping Forward on Left, Step Forward on Right ( 6 o'clock )

## **Lunge Fwd, Step Back, Sweep Back, 1/4 Turn Sailor Step, Cross Rock 1/4 Turn.Full Turn Step.**

- 1 2 3 Lunge Forward on Left, Step Back on Right, Sweep Left from Front to Back Stepping on Left
- 4 & Sweep Right from Front To Back While Making 1/4 Turn Right and Stepping on Right. Step Left to Left Side
- 5 Step Right to Right Side
- 6 & 7 Cross Rock Left Over Right, Recover onto Right, Make 1/4 Turn Left Stepping Forward on Left
- & 8 Make 1/2 Turn Left Stepping Back on Right, Make 1/2 Turn Left Stepping Forward Left ( 6 o'clock )
- & Make 1/8 Turn Right Stepping Forward on Right ( 7.30 clock ) Ready to Start Again

## **TAG 1: Rocking Chair with Turns and Sways ( 4 Counts )**

- 1 Rock Left Forward to Right Diagonal ( As you Rock Forward Turn Body Towards Right Swaying Left )
- 2 Recover onto Right ( As you Recover Turn Body Left Back to Original Position )
- 3 Rock Left Back ( As you Rock back Turn Body Towards Left Swaying to Left )
- 4 Recover onto Right ( As you Recover Turn Body Right to Original Position )

## **TAG 2: Side Back Rock x 2, Sway x 2, Extended Cross Shuffle ( 8 & Counts )**

1 2 &	Step Left to Left Side, Rock Back on Right, Recover onto Left,
3 4 &	Step Right to Right Side, Rock Back on Left, Recover onto Right
5 6	Sway Left Stepping Left to Left Side, Sway Right Stepping Right to Right to Right Side
7 & 8 &	Cross Left over Right, Step Right to Right Side, Cross Left Over Right, Step Right to Right Side

**Phrasing of Dance Not as complicated as it reads**

**Dance Wall 1, Add TAG 1,+ TAG2, = ( 12 Counts )**

**Dance Wall 2, Add TAG 1 = ( 4 Counts )**

**Dance Walls 3 and 4**

**Dance Wall 5, Add TAG 1 = ( 4 Counts )**

**Dance Walls to End**

**Enjoy**

---