

# A Long Road

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Shanthie De Mel (AUS) - July 2010

**Music:** He Ain't Heavy, He's My Brother - Cher : (CD: Gypsies, Tramps & Thieves - 3:32)



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**Begin:** Wt on R. 16 count Intro. Start on " ....long"

For split floors, see Intermediate Line Dance "He Ain't Heavy" & Advanced Line Dance "Journey Of Love", to the same music.

## **VINE LEFT, FWD SCUFF RIGHT, FWD RIGHT ROCKING CHAIR**

1,2,3,4            Step L to left side, cross R behind L, step L to left side, scuff R fwd  
5,6,7,8            Rock R fwd, return L, rock R back, return L (12:00)

## **VINE RIGHT, FWD SCUFF LEFT, FWD LEFT ROCKING CHAIR**

1,2,3,4            Step R to right side, cross L behind R, step R to right side, scuff L fwd  
5,6,7,8            Rock L fwd, return R, rock L back, return R (12:00)

## **CROSS, POINT, CROSS, POINT, LEFT JAZZ BOX**

1,2,3,4            Cross L over R, point R to right side, cross R over L, point L to left side  
5,6,7,8            Cross L over R, step R back, step L back, step R to right side

## **PADDLE RIGHT ON LEFT X3, HOLD**

1, 2            Turning 1/8 right step L fwd, pivot right on R  
3, 4            Turning 1/8 right step L fwd, pivot right on R (3:00)  
5,6,7,8            Turning 1/4 right step L fwd, pivot right on R, hold on R for 2 counts. (6:00)

**Note:** After the chorus, continue dancing the walls, keeping the count, even though the phrasing does not fit. Tags/Restarts are thus avoided.

**Ending:** The dance ends facing 12:00 at count 16. The vocals slow down, but keep the beat, & finish, with a big drag on L to left side. The song could be speeded up 10%.

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