# From Now On

**Count:** 64

Level: Easy Intermediate

Choreographer: Jan Wyllie (AUS) - October 2010

Music: No More Teardrops - The Refreshments

# 16 count intro.

# Step Scuff, Step Scuff, Across Back 1/4, Side Across

Step fwd on R, Scuff L fwd and across R, Step fwd on L, Scuff R fwd and across L 1.2.3.4

5,6,7,8 Step R across L, Making 1/4 right step back on L, Step R to right, Step L across R

# 1/4 Shuffle, Step Pivot 1/4. Cross Shuffle, Back 1/4 Fwd 1/2

- 9&10 Making 1/4 right shuffle fwd R,L,R
- 11.12 Step fwd on L, Pivot 1/4 right transferring wt to R
- 13&14 Cross/shuffle right stepping L,R,L
- 15,16 Making 1/4 left step back on R, Making 1/2 left step fwd on L

# Fwd Back, Toe Strut Back, Coaster Cross, Side Rock Replace

- 17,18,19,20 Rock step fwd on R, Rock back on L, Step back on R toe, Drop R heel to floor
- 21&22 Step back on L, Step R beside L, Step L across R
- 23.24 Rock/step R to right side, Rock/replace wt sideways onto L

## Behind Touch, Behind Touch, Rock Back Fwd, Walk Fwd RL

- 25,26,27,28 Step R back behind L, Touch L toe to left, Step L back behind R, Touch R toe to right 29,30 Rock/step back on R, Rock fwd on L
- 31,32 Walk fwd R.L

## 1/4 Monterey Turn, 1/4 Monterey Turn

- 33,34 Touch R toe to right, Making 1/4 right step R beside L
- Touch L toe to left, Step L beside R 35,36
- 37,38 Touch R toe to right, Making 1/4 right step R beside L
- Touch L toe to left, Step L beside R 39,40

## Side Rock Replace, Across Touch, Heel Across Side, Step Across Touch

- 41,42 Rock/step R to right, Rock/replace wt sideways onto L
- 43,44 Step R across L, Touch L toe to left
- 45,46 Touch L heel across R, Touch L heel to left
- 47,48 Step L across R, Touch R toe to right

#### Across Back Side Clap, Across Back Side Clap

Step R across L, Step back on L, Step R to right, Clap 49,50,51,52

53,54,55,56 Step L across R, Step back on R, Step L to left, Clap

## Fwd Back, Back Fwd, Step Pivot 1/2, Step Pivot 1/2

- Rock/step fwd on R, Rock back on L, Rock/step back on R, Rock fwd on L 57,58,59,60
- 61,62 Step fwd on R, Pivot 1/2 left transferring wt to L
- 63.64 Step fwd on R, Pivot 1/2 left transferring wt to L

#### Another great song by artists I had never heard of before. The Refreshments.

Thanks to Syliva from The Netherlands for the song. The dance is not for beginners, but it is very achievable for anyone with a little bit of dance

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Wall: 2