

# Cowboy Up !

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Marie Sørensen (TUR) - January 2011

**Music:** Cowboy Up - Joni Harms



## Intro: 16 Counts

### Toe strut Right, Toe strut Cross Over, Side, rock, Cross, Hold

- 1-2 Tap Right Toe to Right side, Drop right Heel
- 3-4 Tap Left toe in front of Right, drop Left heel
- 5-6 Rock Right to Right side, recover
- 7-8 Cross Right in front of left, Hold

### Vine ¼ turn Left, Scuff, Rock Fwd. Right, recover, Step Back right, Hold

- 1-2 Step Left to left side, Cross right behind Left
- 3-4 ¼ Turn left, Step Fwd. Left, Scuff right
- 5-6 Rock Fwd. Right, Recover
- 7-8 Step Back Right, Hold

### Point, Hitch, Point, Hold, Behind, Side Cross, Hold

- 1-2 Point Left to Left side, Hitch Left up & across Right
- 3-4 Point Left to Left side, Hold
- 5-6 Cross Left behind Right, Step right to right side
- 7&8 Cross Left in front of right, hold.

**Restart the dance here on Wall 5, Facing 9 O`Clock – Start the dance from the beginning**

### Point, Hitch, Point, Hold, Behind, Side, Touch, Hold

- 1-2 Point Right to Right side, Hitch Right up & across Left
- 3-4 Point Right to right side, Hold
- 5-6 Cross Right behind Left, Step Left to Left side
- 7-8 Touch Right beside Left, Hold

### Tags & Restart

**Tag No. 1. After Wall 2, 4 Counts tag - Facing 6 O`Clock – Step Right Out, Hold, Step Left Out, Hold**

**Tag No. 2. After Wall 7, 4 Counts tag - Facing 3 O`Clock – Step Right Out, Hold, Step Left Out, Hold**

**Tag No. 3. After Wall 9, 8 Counts tag - Facing 9 O`Clock – Step Right Out, Hold, Step Left Out, Hold, Step Right In, Hold, Step Left In, Hold**

**Tag No. 4. After Wall 10, 4 Counts tag - Facing 6 O`Clock – Step Right Out, Hold, Step Left Out, Hold**

**Restart: During Wall 5, after 24 Counts - Facing 9 O`Clock – Start the dance from the beginning**

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