

# 5 O'Clock Dance

Count: 80

Wall: 2

Level: Phrased Intermediate

Choreographer: Knox Rhine (USA) - January 2011

Music: 5 O'Clock Dance - Marlee Scott



**32 count intro, 1 Tag, 1 Restart**

## **RIGHT HEEL, TOGETHER, HEEL, HEEL, LEFT TOGETHER, HEEL, HEEL**

- 1 Tap RIGHT heel forward
- 2 Touch RIGHT toe next to left foot
- 3 Tap RIGHT heel forward
- 4 Tap RIGHT heel forward
- & Step RIGHT foot beside left foot
- 5 Tap LEFT heel forward
- 6 Touch LEFT toe next to right foot
- 7 Tap LEFT heel forward
- 8 Tap LEFT heel forward
- & Step LEFT foot beside right foot

## **STEP, PIVOT, STEP, PIVOT, HEEL-TOE STRUTS**

- 9 Step forward with RIGHT toe/ball
- 10 Pivot 1/2 turn left on ball of LEFT foot
- 11 Step forward with RIGHT toe/ball
- 12 Pivot 1/2 turn left on ball of LEFT foot
- 13 Step forward with RIGHT heel
- 14 Drop RIGHT toe down
- 15 Step forward with LEFT heel
- 16 Drop LEFT toe down

## **1/4 TURN JAZZ BOX, JAZZ BOX**

- 17 Step across in front of left leg with RIGHT foot
- 18 Step back with LEFT foot
- 19 Step 1/4 turn right with RIGHT foot
- 20 Step forward with LEFT foot
- 21 Step across in front of left leg with RIGHT foot
- 22 Step back with LEFT foot
- 23 Step to right side with RIGHT foot
- 24 Step together with LEFT foot next to right foot

## **HEEL SPLITS, TOE SPLITS, SIDE, TOUCH, SIDE, TOUCH**

- 25 Split BOTH heels apart
- 26 Close BOTH heels together
- 27 Split BOTH toes apart
- 28 Close toes together
- 29 Step RIGHT foot to right side
- 30 Touch LEFT toe beside right foot
- 31 Step LEFT foot to left side
- 32 Touch RIGHT toe beside left foot

## **KICK, KICK, OUT-OUT, CLAP,**

- 33 Kick RIGHT foot forward
- 34 Kick RIGHT foot forward

& Step RIGHT foot to right side  
35 Step LEFT foot to left side  
36 Clap

#### **IN-IN, CLAP, KICK, KICK**

& Step RIGHT foot to center  
37 Step LEFT foot beside right foot  
38 Clap  
39 Kick RIGHT foot forward  
40 Kick RIGHT foot forward

#### **ROCK, STEP BACK 1/2 PIVOT, ROCK BACK 1/4 PIVOT**

41 Step RIGHT foot forward  
42 Rock back onto LEFT foot  
43 Touch RIGHT toe behind left heel  
44 Pivot 1/2 turn right on ball of RIGHT foot  
45 Step LEFT foot forward  
46 Rock back onto RIGHT foot  
47 Touch LEFT toe behind right heel  
48 Pivot 1/4 left on ball of LEFT foot

#### **STEP, HOLD, STEP, HOLD, SWING HIPS RIGHT, SWING HIPS LEFT**

49-50 Step RIGHT foot forward, Hold  
51-52 Step LEFT foot forward, Hold  
53 Step RIGHT foot/hip to right side  
& Swing hips to center  
54 Swing hips to right side  
55 Swing hips to left side  
& Swing hips to center  
56 Swing hips to left side

#### **STEP 1/4 TURNS WITH HANDS RAISED**

**Raise hands palms forward, rock palms to right on the step, to the left on the turn**

57 Step RIGHT foot forward  
58 Pivot 1/4 turn left on ball of left foot  
59 Step RIGHT foot forward  
60 Pivot 1/4 turn left on ball of left foot  
61 Step RIGHT foot forward  
62 Pivot 1/4 turn left on ball of left foot  
63 Step RIGHT foot forward  
64 Pivot 1/4 turn left on ball of left foot

#### **SAILOR STEP, CROSS, UNWIND – TWICE**

65 Step RIGHT foot across behind left leg  
& Step LEFT foot to left side  
66 Step RIGHT foot right side  
67 Step LEFT toe/ball behind right heel  
68 Unwind 1/2 turn left on ball of LEFT foot  
69 Step RIGHT foot across behind left leg  
& Step LEFT foot to left side  
70 Step RIGHT foot right side  
71 Step LEFT toe/ball behind right heel  
72 Unwind 1/2 turn left on ball of LEFT foot

#### **COASTER STEP, BACK, BACK, COASTER STEP, FORWARD, FORWARD**

73 Step RIGHT foot forward  
& Step LEFT foot beside right foot  
74 Step RIGHT foot back  
75 Step LEFT foot back  
76 Step RIGHT foot back  
77 Step LEFT foot back  
& Step RIGHT foot beside left foot  
78 Step LEFT foot forward  
79 Step RIGHT foot forward  
80 Step LEFT foot forward

**Pattern: 32 count intro, 80, 80, \*16, \*64, \*48, \*1**

**\*16 - tag repeat steps 65-80 (Sailors and Coasters)**

**\*64 - dance counts 1-64 (beginning through 1/4 turns)**

**\*48 - Restart dance count 33-80 (Kick-Kick to end)**

**\*1 - Ending: Step RIGHT foot 1/4 right to end dance**

**Music breakdown: There are 3 sections to each full pattern found in the music.**

**Part 1: Verse is counts 1-32**

**Part 2: Chorus is count 33-64**

**Part 3: 5 O'clock dance is counts 65-80**

**With this in mind you can visualize the whole dance as follows:**

**Intro - 123 - 123 - 3 - 12 - 23 - end**

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